2026 – 2027 StarSkate Handbook

Skate Battlefords Board of Directors is pleased to welcome all skaters and their families to 2026/2027 skating season. We hope to make it a rewarding and fun season for all. We are proud to say that we have a great group of volunteers and coaching staff who are committed to the success of Skate Battlefords and all its members.

The StarSkate handbook is filled with information that will help skaters and their families have a more informed view on the skating season. If you have any questions or suggestions about the information available, we encourage you to email the club at sk8battlefords@sasktel.net

The success of the club is based on all the volunteers that put in much appreciated hours to keep the club and its programs running smoothly. We would like to thank everyone in advance for all their time and commitment. We wish everyone a successful season of personal bests, fun and laughter.

MISSION STATEMENT:

Skate Battlefords is a non-profit organization, sanctioned by Skate Canada that provides an inclusive opportunity for the community to participate in skating as a sport. Through encouragement, support, and training with the expertise of a professional coaching staff and dedicated program assistants, all participants can achieve their person goals in a fun, safe and nurturing environment.

THE MANDATE OF SKATE BATTLEFORDS:

Encourage the instruction, practice, enjoyment, and advancement of its members in all aspects of skating. Create a positive inclusive atmosphere in which a sense of commitment, cooperation and responsibility enables community members to achieve goals in physical literacy, excellence in sport and the lifelong participation in the sport of skating.

The contents of this handbook are subject to change; the Board of Directors and volunteers strive to fulfil the expectations of the information provided, but cannot be held liable.

Arenas

Battleford Arena (BF) 401 28th Street West, Battleford (306) 937-6219	Access Communications Centre (ACC) 1902 104 St, N. Battleford (306) 481-5164	Don Ross Arena (DR) 891 99 St, 203 North Battleford (306) 441-0572

The Following are required conditions to be met by arena users.

- Children should be always supervised and are not permitted to run around or make noise in hallways, lobbies, or dressing rooms.
- ***Devices with the ability to capture images are not to be used in the dressing rooms for any reason***.
- All members represent Skate Battlefords while at the arena and must act in such a way that reflects well on our club.

ONLINE REGISTRATION: Opens August 15th for all programming @ https://skatebattlefords.uplifterinc.com/

LATE REGISTRATION:

Registration after September 30th will be subject to a $30.00 late registration fee.

PROGRAM OPTIONS:

All packages include On-Ice rental and 0ff-Ice rental. All coaching fees are billed by coaches and paid directly to coaches.

1. 4 session ice rental with 30min off ice rental
2. 6 session ice rental with 30min off ice rental
3. 8 session ice rental with 30min off ice rental

FEES AND FINANCIAL CONSIDERATIONS:

Skaters must be registered, and first payment made before the start of the first day's lesson for skaters to participate

All fees will include 2024-2025 Registrant Fee

Skate Saskatchewan	$45.50
Registrant Fee – Skate Canada	$25.00
Safe Sport Fee	$ 5.00
Injury Benefit Charge	$ 0.70
Total	**$78.20**

FEES: Payment can be made in full at the time of registration or by our E-Transfer payment plan

1. 4 session ice rental with 30 min off ice rental $1019.00 + $78.20 = $ 1097.20
2. 6 session ice rental with 30 min off ice rental $1410.95 + $78.20 = $1489.15
3. 8 session pkg ice rental with 30 min off ice rental $1755.00 +$ 78.20 = $1833.20

PAYMENT PLAN:

Payments made on payment plan are due on the 20th of every month and first payment to be made at time of registration

First payment will include the Skate Canada/Skate Saskatchewan fee.

Payment plan break down can be found on the Uplifter registration portal.

Payment can be made in by E-Transfer to sk8battlefords@sasktel.net

Program assistants buy out can found through the registration portal on Skate Battlefords Uplifter

Canteen Buy Out can found through the registration portal on Skate Battlefords Uplifter

Skate Battlefords is willing to work with families that need a personalized payment plan. Please contact us to set a meeting. Additional administration fee may apply.

CLUB FUNDRAISER:

Skate Battlefords will hold two or three mandatory fundraisers to help offset the cost of the StarSkate program. Information on Club fundraisers will be emailed to all registered families closer to the date of the campaign.

Fundraisers planned this season:

Fall Co-Op Gift Cards – will go out the week of October 15th and will be due back the week of October 26th

North Star game canteens – Canteen schedule will be emailed for sign up as soon as we receive our shifts from the organization. Each family is required to provide 1 worker 16 years of age are older for 2 shifts. If you are unavailable for the shift you signed up for, you must send a replacement. Canteens may be bought out on the Uplifter site under the products tab for $100.00 but only until the start of the season.

Spring fundraiser - TBA

StarSkate BUY-ON/PUNCH PASS:

For registered skater looking to buy more ice time periodically throughout the season.

Buy on Fee: $15.00 for one hour of ice rental. Skaters must purchase a buy-on ticket on Uplifter and E-transfer fee to Skate Battlefords. Buy-Ons are nonrefundable and expire at the end of the skating season.

Punch Pass Fee: $100.00 for 10 hours of ice rental. Punch pass can be purchased on Uplifter under the products tab. Punch passes are nonrefundable and expire at the end of the skating season.

REFUNDS/CANCELLATIONS and TRIAL PERIOD:

Refunds: Prior to the Season:

Refunds will be given before the start of the first skating day. The Skate Canada/Skate Saskatchewan fee of $78.20 is non-refundable. Withdrawals done prior to the start of the first session will not be charged a processing fee. Refund request and withdrawal notification must be sent by email to sk8battlefords@sasktel.net prior to the season's first skating session.

TRIAL PERIOD:

Skate Battlefords has a 2-week trial period after the start of the first skating day. After the start of the season, the number of sessions skated within the deadline will be deducted, as well as a processing fee of $20.00. Refund amounts are based on the date of receipt of written notice, submitted during a session or emailed to sk8battlefords@sasktel.net Email must Include the skater and parent names, skating day, address, and the reason for withdrawal. There is no refund for sessions completed prior to receipt of a written notice, regardless of attendance. Skate Canada/Saskatchewan Fee is non-refundable.

Deadline: Refunds will only be given after September 27th, at the Board of Directors discretion. **Note**: Skaters who join after the withdrawal deadline can withdraw until the end of their second week. The number of sessions within the two-week trial period will be deducted, as well as a processing fee of $20.00. Refund amounts are based on the date of receipt of written notice, submitted during a session or emailed to sk8battlefords@sasktel.net The email must Include date, skater and parent names, skating day, address, and the reason for withdrawal. There is no refund for lessons completed prior to receipt of a written notice, regardless of attendance.

After the final deadlines: Refunds will only be considered for medical reasons accompanied by a doctor's note or in the case of "unusual circumstances" but will be at the discretion of the Board of Directors. These must be submitted in writing by email to sk8battlefords@sasktel.net

There are no refunds for Skate Canada/Skate Saskatchewan Fees,
Ice session buy-on and assessment tickets, events or skating schools.

Late/Declined E-Transfer Fee:
In all cases of late, decline, NSF, declined credit, stopped payment, absent e-transfer etc, one additional attempt will be made by the club administration. If payment continues to be declined or hasn't been received, the skater will be considered not in good standing with the club and will not be permitted to participate in any of the club activity, including regular skating sessions, until such time as full payment has been made. If payment has not been made within 30 days from date of decline, non-payment or NSF, the member shall be considered as having terminated their membership. No refunds will be provided for any partial monies paid and all privileges will be revoked.

CHANGES TO SKATING PACKAGES: With or without refund request, changes must be submitted by email to sk8battlefords@sasktel.net prior to the start of the skating season, and within the first 30 days.

Within 30 Days of Start of Season: Changes to skating packages, with or without refund may be requested by email to sk8battlefords@sasktel.net

After 30 days: A $20.00 administration fee will be charged for all package changes. Request with or with out a refund must be made by email to sk8battlefords@sasktel.net Email must include skaters name, and reason for request of package change. Package changes will be approved on a case-by-case basis at the discretion of the board of directors in consultation with coaches. Refunds on Package changes will be prorated monthly.

Cancelled Classes/missed ice time: Skate Battlefords cannot make up a class or provide a refund if there is a cancellation due to circumstances beyond the control of Skate Battlefords or circumstance related to the Town of Battleford, or City of N. Battleford.

Extended or missed sessions due to unusual circumstances such as injury, bereavement, health concerns, etc., will be at the Board and the coach's discretion. In these circumstances an email must be sent with skater's name, date of absence, reason for missed ice time and dates and times your skater is available to make up the ice time. You will be sent an email with the decision. Lessons that should have been taken on the missed day(s) may be made up at the discretion of the coaches.

COACHING AND COACH SELECTION:

Parents can plan, coordinate and manage their skater's time and lessons before the season starts, and can connect with and hire the Coach or Coaches. You will receive a Coaching Request form.

Note: Skaters registered through Skate Battlefords may only take lessons from Skate Battlefords contracted coaches while on club ice time. Lesson with outside coaches may be taken on club ice time if arranged through a skater's base coach.

TWO OPTIONS FOR HIRING A COACH:

Base Coach: Provides direction on all skating disciplines and goals. The "base coach" oversees a skater's individual pathway to success. Base Coach will provide advice on scheduling, training, number and type of lessons, lessons with other coaches as they see fit, timing of tests, registration for competitions, and off-season opportunities.

Discipline Coach: Is hired independently to provide direction on the specific discipline. They will give advice on training, scheduling, lessons, testing. Discipline coaches work with the base coach to provide training and lesson as directed by the base coach.

Disciplines: Skills, Dance, Freeskate Elements & Freeskate Programs, Artistic

Lesson Types: Private (one to one coach to skater), Semi-Private (one to two / coach to skater), Small Group (five or Less skaters / coach). Classes on-ice and off-ice include all skaters registered for a session and are mandatory and may be directed by any of the Skate Battlefords Coaching Team. Coaches will invoice parents directly and payment is made directly to coach.

Team Coaching:

Coaches' contact and information: Website: "Coaches Tab"
https://www.skatebattlefords.ca/coaches/

Once you connect with your coach / coaches, plan a time to discuss your skater's pathway options and opportunities.

This would include discussing: What package your child will be skating, planning a pathway, including timelines and achieving goals. Number of lessons and schedule (coaches will provide guidance).

Decide on payment options and billing practices; coaches will provide their fee guidelines.

Coach Credentials:

All Skate Canada professional coaches are accredited through the 3M National Coaching Certification Program. This program trains coaches on proper technique, training regimes, and ethical issues related to coaching in general.

Skate Battlefords Coaching Team:

Jessica Reese Base Coach/All Disciplines Ph; 306-380-0956 jessica-penner@outlook.com Certified Provincial Coach Free skate, Skills, Dance, Artistic Star 1-5 Evaluator & Competitions Assessor 10 years Coaching Experience	Taylor Bryant All discipline Taylor.rosemae5@gmail.com Regional Coach In Training Free skate, Skills, Dance, Artistic Star 1-5 Evaluator	Josie Sadlowski All discipline sadlowskijosie@gmail.com Regional Coach In Training Free skate, Skills, Dance, Artistic Star 1-5 Evaluator

DETAILED DISCUSSION TO HAVE WITH YOUR BASE COACH:

Skater's Goals: Families should discuss with their skater and coach what their goals are for the season. The team of coach, parent, skater will plan a pathway to success for your skater to meet their goals and opportunities. Remember that plans, lessons and preferences will differ from skater to skater.

Skater and Coach Availability:

Make sure that you discuss with your coach what sessions your child will skate, and make sure your chosen coach is available. Skaters are required to skate within their agreed upon skating times; make sure you and your skater know your skating schedule. Some of our coaches may be fully booked on some sessions. Some flexibility on both sides may be required to fit lessons in.

Budget:

Your budget will determine how many lessons per week you will purchase for your skater. Estimate how much you are willing to spend per week on lessons and discuss this with your base coach.

Billing:

All lesson fees are paid directly to the coach, not to the club. The fees you pay to the club are for ice only. Lessons are usually 15 minutes in length, although this is negotiable with the coach and more time may be added. The coach's fee may vary between coaches based on their coaching level, personal skating level, education and experience. Some fees also include a travel expense if they are traveling to our club to coach from a different town or city.

Coaches will provide a fee guideline; however, discuss with your coach what their invoice practices are. Do they invoice monthly, what form of payment do they accept, is the time frame for paying the invoice and is there a charge for late payment? If you have questions or concerns

about your bill, they should communicate directly with the coach. The club has no say in coaches' bills or billing practices.

Skaters' Lessons:
After discussing your budget with your coach, it's time to discuss private, semi-private, group lessons, off-ice and working with the coaching team. It's helpful for the skater to track lessons and progress in a notebook.

Private Lesson:
A private lesson is a one-to-one coach and skater lesson time. Each coach charges a certain rate for every 15 min of lesson. The number of private lessons per week will depend on the skater's level and pathway goals. Naturally, the more lessons a skater has the faster they will progress. However, remember that skaters also need to practice independently. In general, coaches plan for a skater to have one or more 15-minute private lesson per skating day. Additional lesson time can be negotiated with your coaches.

Private Lessons from one of the other coaches on the Skate Battleford Coaching Team may be planned by a skater or your base coach. You may be required to set these lessons up with the other team coaches yourself with your base coaches' guidance. Communication is very important.

Semi-Private Lesson:
A semi-private or small group lesson is held with 2 or more skaters taking a lesson with a coach. The coaching fee is determined by the coach is then split between the skaters.

Class Instruction:
Classes train all basic disciplines (previously referred to stroking). On-ice Class is scheduled every session and includes all skaters registered for that session. Directed by the Skate Battleford Coaching Team, this helps cut down the cost of lessons and provides the opportunity for skaters to be exposed to different coaching styles and techniques. Be sure you are aware of how many classes are being held during your skater's ice time. Skaters are expected to participate, and group coaching fees per coach will apply regardless of attendance.

Team Coaching:
Team coaching is the preferred Skate Canada strategy for skater development as it offers the skater more access to knowledge, expertise and motivation. Essentially, team coaching is more than one coach working together to assist the development of a skater or group of skaters. Benefits include maximizing coaches' strengths and creating an environment of experts. Skaters are introduced to many different coaching styles in a supportive environment. An opportunity for more coach directed time enables more perspectives to individual training plans. All coaches would be able to make decisions and be involved in lesson planning and direction.

Off Ice:

Skaters are required and will be scheduled to take one 30 min off-ice session a week to have a well-rounded skating and training experience. All skaters booked for an off-ice session will be included in the group billing from the coach regardless of attendance. Off-ice is billed by the coaches as a class. All Skate Battlefords Coaching Team may take turns teaching off-ice so fee may vary from coach to coach.

Note: Private, semi-private, class and off-ice class lessons that have been arranged with a coach will be billed regardless of attendance. Missed lessons are not guaranteed to be made up. Lessons will be scheduled within the hours the skater is booked in for each skating day. Lessons do not always happen at the same time every session or at the same time every week. Not all coaches send out a weekly schedule; as an independent contractor with Skate Battlefords, coaches are not required to do so. Skaters are required to be on the ice the whole time they are booked in for, unless they are using the bathroom or taking a break. A skater must inform coaches when they are leaving the ice surface for any reason. Coaches will not look for a skater that is not on the ice when they should be during their agreed upon skating hours.

Other Coaching Expenses:
Other coaching expenses may come up throughout the skating season. All coaches will charge a coaching fee related to but not limited to travel, hotel and food cost for going away to competitions, test days, seminars, clinics, training days. Be sure to discuss these fees with your base coach.

Communication:
Communication as a team is key. Make sure that the arrangement you have set up continues to work for your skater, your coaches and you. If you have any questions about your skater's progress or your lessons, please speak with your coach. This is a business arrangement and must be treated as such. If things aren't working as well as you or your coach believes they should; you need to talk. Often simple things can be ironed out and are the result of a misunderstanding. Text, call or email your coach to set up a meeting.
Coaches prefer email notifications for long term plans, such as days that are going to be missed and text for short term plans.

Please refer to Skate Battlefords social media and website often for updates to the calendar and useful information www.skatebattlefords.ca

If you are having issues that cannot be resolved after you have discussed them up with the coach, please refer to Skate Battlefords General Dispute Policy, which is available on the Website.

The Board of Directors has contracted skilled professional coaches, certified by Skate Canada, who oversee all programs at ice level.

SKATERS GROUP TERMS:

Skaters will be considered a Junior, Intermediate or Senior Skater through the club. These terms only relate to our club and our regular season. Age and amount of time a skater has been with the club is not considered. Skaters may be working on a variety of Star level disciplines.

Placement:

- A skater will be considered a Junior if they are working on Star 2 and/or star 3 disciplines.
- A skater will be considered an Intermediate if they are working on Star 4 and/or Star 5 disciplines.
- A skater is classified as a Senior if they are working on Star 6 and/or above

All skaters' placements and assessed levels are at the discretion of the coaching team and may change based on the coaching team observation and recommendations.

SKATE BATTLEFORDS STARSKATE PROGRAM:

All skaters in this program must have passed Star Skate 1 or equivalent. Skaters may be any age. Adaptive skaters who have the required skating ability are welcome. Programs are taught by NCCP Skate Canada Coaches registered and in Good Standing.

STAR 2-5: Program offers the best-in-class figure skating curriculum in Canada, targeting athletes looking for a future in the sport. Taught by Skate Canada NCCP coaches, the program introduces participants to the basic figure skating elements to create the foundation for singles, pairs, ice dance and synchronized skating. It is recommended that all skaters in this program must have passed CanSkate Stage 6 or equivalent. Skaters may be any age. Adaptive skaters who have the required skating ability are welcome.

STAR 6- GOLD: Assessment and event structure for skaters who have completed the STAR 1-5 Program. This builds on the skills acquired in STAR 1-5 and introduces skaters to more advanced figure skating elements.

DISCIPLINE CONTENT:

Skills: The development of turns in figure form, and skill exercises to develop power and control. Field moves are also included in this discipline.
Freeskate Elements: Development of jumps and spins in isolation.
Freeskate Programs: Development of program components and element success in a performance situation.
Dance: Developing skating technique while promoting timing, accuracy, musicality through pattern dances.
Artistic: Development of movement, creativity, projection, and interpretation through programs.
Synchro: (STAR 2, 3 and 4) Development of synchronized skating elements through a variety of skating skills and teamwork. Included in this program is Cheer Team, Ice Show program development, simulation reviews.
Competitions: Opportunities for skaters to experience Regional, Provincial and Winter Games Competitions.

Star Assessments: STARSkate skaters can take a series of Assessments to move up StarSkate Levels.

STAR 1-5

- Assessments are coach assessed and include Skills, Free skate, Artistic and Dance.
- Assessments at this level are done at our club and the test is conducted during skater's regular ice time
- Coaches will notify the skater and parent of the upcoming session on which your skater will be assessed
- A test ticket and payment are required in advance of the assessment
- Coaches will advise on attire for assessments

STAR 6-Gold

- Assessments for Freeskate, Dance and Artistic are Evaluator assessed.
- Travel to another community may be required.
- High assessment day fees are paid directly to the host club of the assessment day.
- Assessment fees normally include, Skate Canada test fee, ice fee and an evaluator expense fee.
- A coach is required to accompanying skaters to high test days or secure a substitute coach.
- Coach attending will invoice for expenses, and coaching fee.
- STAR 6-Gold assessments for Skills may be coach assessed or Evaluator assessed.

For Star 6 and above, please arrive at the arena 60 minutes ahead of the skater's scheduled assessment time. Assessment days can run ahead of schedule.

All Documents: All required documentation for StarSkate is accessible from your coach by request.

Parent Representative:

Each skating group will have a Parent Representative. Parent Representative are in place to help with communications and events. Your Parent Representative will send out emails regularly to help with communications. If you registered late or if you have not received an email from your group rep, please contact them to make sure that they have your proper email address.

Communications:

We try hard to keep all our members informed of what's happening with Skate Battlefords, through several methods. You can also send questions to our club email sk8battlefords@sasktel.net

Website: www.skatebattlefords.ca or Facebook**:** You can find us under Skate Battlefords

Email: Emails will be sent with information on your groups through your group representative.

COMPLAINT RESESOLUTIONS; Skate Battlefords strives to make sure all issues are heard and resolved to the best of our ability in a timely manner. Skate Battlefords Board of Directors has put in place a policy of steps that need to be addressed about complaints. Please see our general dispute and complaint policy on the website.

Skate Canada Saskatchewan & Regional Events:

Competitions are optional; however, all skaters are encouraged to participate. Competitions offer skaters an opportunity to perform by themselves in front of an audience and to be assessed by officials. Skaters will learn how to be comfortable in a potentially uncomfortable situation, and to manage their emotions, practice good sportsmanship and given the opportunity of skating a personal best.

- Your coach will inform you of which competitions your skaters qualify for and which categories to enter.
- Competitions all have entry fees for each event a skater is participating in. These fees will vary from one competition to another and must be paid when registering your skater for the competition.
- All competitions have a registration deadline that is up to the skater's parent or guardian to complete registration by.
- Coaches accompanying skaters for competition will invoice for expenses and a coaching fee.

Skate Saskatchewan Competition Page: https://skatecanadasaskatchewan.com/event-calendar/list/all/competitions

Helpful Competition and High-Test Information:

- Your skater will need to pack; Skating dress or proper competition or testing attire, clean tights, clean skates, and extra laces, 2 copies of music (if needed), club jacket or warm up jacket, mini mitts, hair supplies, makeup
  Some extra things to consider packing, lint roller, magic eraser (for cleaning skates), white out (for skate mark touch ups), extra pair of tights, healthy snack, water bottle.
- Plan to arrive a minimum of one hour before your skaters scheduled skating time. Competitions and test days will not wait for skaters and no makeup time is available. Please be sure you skater arrives at the rink dressed in makeup and hair done. If you plan on getting ready at the rink allow enough extra time to do so.
- When you arrive at the venue make sure to check in and drop off both copies of your music (if needed).
- Connect with your coach, locate your dressing room, check in with the ice captain.
- Warm up and mentally prepare for your skate.
- Please note that at most competitions and test days parents are not allowed in the dressing room and if your skater needs assistance with something you will need to help them in the lobby or in the stands.
- Put your skates on at least 15 min prior to your warmup skate.
- The ice captain of the event will call groups from dressing rooms.
  - Skater will proceed to the ice and their coach will guide them through their warmup and help to calm nerves.
  - Each skater will participate in their order.
  - After their skate and once the whole group is done
  - Competition results will be posted somewhere on the walls of the arena.
  - High assessment day your assessment sheet will be given to the skater or coach.

- For Competitions a ribbon or medal presentation will take place, hosting arena will have a scheduled time for groups to receive awards.
- Please remind skaters to be gracious in managing emotions with placement or result that they wanted or not.
- No matter what the placements turn out to be if skaters worked hard, tried their personal best, had fun and learn that is all that's important.
- Please remember to pick your music up at the end of the day.

Skate Battlefords Board of Directors:

A Board of Directors helps with the operation of Skate Battlefords. All board members serve on a voluntary basis and are elected at the annual general meeting.

Board Of Directors 2023-2024

Executive:	**Directors:**	**Representatives:**
Past President - President – NA Vice President – Angela Robertson Secretary – Caitlyn Clark Treasure – Alana Bryant	Professional Coaching Representative – Jessica Reese Registration/Uplifter Director – Ashley Sharp Fundraising/Sponsor Director - NA StarSkate Assessment Director – Brianna Panchuck CanSkate Director – Nicole Sadlowski Events Director – Britt Rumpf	Primary Representative – NA Junior Representative – Intermediate Representative – Liz Ortiz Senior Representative – Nicole Sadlowski Grant Representative (works with the treasurer) – Susan Smith Publicity Representative (works with the Events) - NA Competitive Representative _NA

Are you interested in Joining our Board of Directors?

If you are interested in one of these positions, you can contact sk8battlefords@sasktel.net

Volunteers:

Skate Battlefords is always looking For Volunteers!
Skate Battlefords is run entirely by volunteer and community members dedicated to the sport of skating.
Parent volunteers are vital to the success of the club and the events hosted throughout the year.

Are you looking for a way to pitch in without making a huge commitment? Consider volunteering for one of these events…

- Holiday Celebration, December 8th
- Star Showcase – January 14th
- Ice Show, March 20th

- Parades, Battleford and Northwest Territorial, August 2027
  Detailed information will be available closer to event dates, or you can contact our Events Director Britt Rumpf @ britt.rumpf@lskysd.ca to enquire how you can be of assistance.

  All Club Season Events:

  StarSkate Orientation and Fun Skate – September 12th

  Halloween Bring a Friend Skate October 26th 5:45 – 6:45
  CANSKATE, PRIMARY, STAR 1 EVENT
  • Halloween bring a friend skate is a CanSkate, Primary, and Star 1 event, that helps introduce friends to our programs
  • Have crafts in the lobby for participants and their families
  • All participants are required to wear a helmet regardless of age or ability in compliance with Skate Canada Policy. Unless they are above stage 5 and register with Skate Canada.

  Dress Exchange – TBD

  Holiday Celebration (December 7th and the 21st) 5:45 – 6:45 CLUB EVENT
  • Invite your family and friends to enjoy watching your kids and others from various stage within our skating club show off what they have learn so far in the season. Refreshments and snacks available for purchase. This is a free admission viewing open to the community.

  Star Showcase January 14th 7:00pm to 8:00 STARSKATE EVENT
  • StarSkaters are encourage to invite family and friends to watch as they and their fellow skaters preform their Free Skate Programs, Dance or Artistic Programs
  • Picture Day for Primary, Star 1 and StarSkaters

  Valentines Family Fun Skate February 11th 5:30 to 6:30
  CANSKATE. PRIMARY, STAR 1 EVENT
  • Skaters are encouraged to invite family to join them on the ice for a family skate with extra fun in the lobby.
  • All participants are required to wear a helmet regardless of age or ability in compliance with Skate Canada Policy. Unless they are above stage 5 and register with Skate Canada.

  Celebration Tea March STARSKATE EVENT
  • More information to be released at a later date

  Ice Show March 20th 2 – 4 @ the Access Communications Centre CLUB EVENT
  • Every year the Skate Battlefords Club likes to showcase the
  talents and progress of our skaters with a year-end Ice Show.

  Skate Exchange July - TBD

Skate Battlefords Policies that can be found on the website under the policies tab:

- Slater and Parent Code of conduct
- Confidentiality
- Privacy
- General Dispute, complaint, suspension and expulsion policy
- Mobile Devices policy
- Ice rules policy
- Ice Show Policy
- Position Statement of bullying
- Fundraising and volunteer

Other Helpful Information for The Skating Season:

Skaters' Dressing Rooms

- Skaters are to put on skates in their assigned groups dressing rooms. Please check the white boards as you come into the arena's for assigned dressing room.
- Dressing room are gender neutral, skaters that need to change must do so in the washroom located in the lobby.

Cell phone or devices that are capable of capturing an image or voice recording are not to be used in dressing room for any reason. All phone calls and text message must be taken outside of the dressing room.

- If a request is made for separate dressing room space, Skate Battlefords will try to accommodate as much as possible.
- All program assistants should congregate in one dressing room 15 min prior to their assigned CanSkate Session for instructions on tasks. Once the CanSkate session is over skaters will return to their original assigned dressing room.
- Except for skaters at the primary, or StarSkate 1 level, we discourage parents from entering dressing rooms unless it is truly necessary. Skaters should strive to be able to tie their own skates and get ready without assistance.
- The door to the dressing rooms should be always closed when skaters are on the ice.
- Graffiti or vandalism of any sort to dressing rooms will not be tolerated, please use garbage cans.
- Swearing or rude language of any kind is not acceptable in the dressing room or anywhere in the arena.
- Fighting, badmouthing, abuse, harassment and/or bullying will not be tolerated.
- No horse play or screaming is permitted in the dressing rooms.
- Use of alcohol, drugs or tobacco is prohibited in all arenas.
- The dressing room must be left in a clean and tidy state. It is the responsibility of the Skaters to ensure this is done during and at the end of each skaters skating session
- Topics of conversation must always be appropriate for even the youngest skater in the dressing room
- For full policy see website

Club Clothing:

Skate Battlefords will arrange a Club group clothing in October. Clothing Items available to order:

Our club's logo is available at NuTec. At any time if you wish to order a piece of clothing or apparel and have our logo put on it feel free to do so.

SKATER ATTIRE:

Skates

- If you have questions about which skates should be purchased for your skater, please talk to your coach. They can give you the best advice on which level of skates your child should be in and where the best place to purchase them is.
- Please remember that not all figure skaters are created equal!! Your child needs a proper pair of figure skates with good support to succeed.
- Do not wear thick socks, as a proper fit will not be achieved. A regular cotton sock or skating tight is the ideal footwear for skates.
- Make sure to dry the sole and blade area of the skate after skating.
- Skate guards are a must-have to protect blades while walking off the ice
- Never leave skate guards on your blades when not in use. Blade socks will protect blades in the skate bag.
- Make sure to have skates sharpened on a regular basis, generally not right before a competition
  - Sharpening of blades will require skates to be taken to Saskatoon for proper figure skate sharpening
  - Date for sending skates to get sharpened will be posted and parents notified
  - Cost of Sharpening is $15
  - Blade socks are required for protection while skates are being stored.

Clothing For Practice:

- Clothing should be warm and stretchy. Yoga pants, tighter fitting allow for proper movement.
- Please do not wear loose or baggy clothing or clothing with a hood, it can cause balance issues.
- Layering of cloths and warm mitts, mini mitts or good gloves are a must
- Layering of cloths or having extra layers in case a rink is colder than expected.
- Jeans are not permitted. Jewellery that hinders while skating is not permitted.

Hair:

- Hair should be tied back or always put up. It is very important that hair away from the face.

ICE ETIQUETTE: Please go over the ice rules with your skater so they are aware.

- Get up immediately after you fall, it is very dangerous to remain on the ice surface.
- Skaters are not permitted to skate through another groups lesson or coach/skater lesson.
- Skaters should not interrupt a coach in a lesson; they should wait off to the side until the coach is able to talk
- Skaters need to inform a coach every time they are leaving the ice surface
- Coach and skaters in a lesson always have the right of way

- No food or drink (except water bottles) permitted on/near the ice surface by skaters
- Skater must be actively always practicing. Standing at the boards or on the ice surface visiting is not acceptable.
- Skaters must always be aware of other skaters around them. Look both ways when leaving the boards.
- Profanity, abusive or aggressive behavior, harassment towards fellow skaters, coaches or public will not be tolerated on the ice surface or in the arena.
- On-ice kicking the ice, disrespectful or uncooperative behavior during sessions will not be tolerated
- On-ice and off-ice please use appropriate language and conversations, be aware of your audience and who is listening.
- ONLY SKATERS AND COACHES OR AUTHORIZED PERSONS MAY ENTER THE ICE AREA/PLAYER BOX/MUSIC BOX
- No cell phones, earbuds or headphones are permitted to be used on or at ice level
- Skaters are not permitted on the ice until the Zamboni has left the ice surface and doors are closed.
- Skaters must clear the ice promptly at the end of their skating session

Right Of Way on The Ice:

1st - ALL coaches
2nd - Any skater receiving lessons
3rd - Skaters whose music (dance/program) is playing on that session

All skaters and coaches must be mindful of the flow of the ice so all can skate safely

Music:

1. Music requests made by coaches during a lesson will take priority.
2. Only adult volunteers or coaches are allowed to manage music and the club computer.
3. Please no loitering at the music station.
4. Music played from other devices is not allowed without coach approval.
5. Each skater will have their program/music played once per session in rotation and more, as time allows.
6. Including dances. Please be courteous of others who need the music, start overs are discouraged.
7. The person playing music will not stop another skater's music mid-program unless requested by a coach.
8. Abuse of the music equipment and computer will not be tolerated
   See Star Skate Ice Level Policy on Website

<u>THANK YOU! IT IS OUR PLEASURE TO PROVIDE SKATING SUCCESS TO YOUR FAMILY</u>


SMART Goals
Specific
Measurable
Achieveable
Realistic
Timely