



2026 – 2027 Star 1 Handbook

Skate Battlefords Board of Directors is pleased to welcome all skaters and their families to 2026/2027 skating season. We hope to make it a rewarding and fun season for all. We are proud to say that we have a great group of volunteers and coaching staff who are committed to the success of Skate Battlefords and all its members.

The parent handbook is filled with information that will help skaters and their families have a more informed view on the skating season. If you have any questions or suggestions about the information available, we encourage you to contact any member of the Board of Directors

The success of the club is based on; all the volunteers that put in an endless number of hours to keep the club and its programs running smoothly. We would like to thank everyone in advance for all their time and commitment.

We wish everyone a successful season of personal bests, fun and laughter.

Mission Statement

Skate Battlefords is a non-profit organization, sanctioned by Skate Canada that provides an inclusive opportunity for the community to participate in skating as a sport. Through encouragement, support, and training with the expertise of a professional coaching staff and dedicated program assistants, all participating can achieve their person goals in a fun, safe and nurturing environment.

The Mandate of Skate Battlefords

Encourage the instruction, practice, enjoyment, and advancement of its members in all aspects of skating. Create a positive inclusive atmosphere in which a sense of commitment, cooperation, responsibility, enable community members to achieve goals in physical literacy, excellence in sport and the lifelong participation in the sport of skating.

****The information in this handbook is subject to change. Skate Battlefords Directors and Coaches do our best to fulfil the information provided but cannot be held responsible for changes. ****

Arenas

Battleford Arena 401 28th Street West, Battleford (306) 937-6219	Access Communications Centre 1902 104 St, North Battleford (306) 445-1755
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Arenas requires certain conditions to be met by arena users. Just a couple to keep in mind:

- Children should be supervised at all times and are not permitted to run around or make noise in hallways, lobbies, or dressing rooms.
- **Devices with the ability to capture images are not to be used in the dressing rooms. For any reason.**

All members are representatives of Skate Battlefords while we are at the arena and must act in such a way that reflects well on our club.

Registration

Online Registration opens August 10th for all programming @ [Home Page: Skate Battleford powered by Uplifter \(uplifterinc.com\)](#)

Late Registration

Registration after September 27th will be subject to a \$20.00 late registration fee.

Star 1 Program

The Star 1 program is for skaters who have completed all CanSkate badges and ribbons and are working on the STAR 1 Level.

StarSkate 1 is the first step into figure skating. Skaters will no longer receive badges but will do formal Skate Canada Assessments for progression when ready at the discretion of their coach.

Program Options

StarSkate 1

StarSkate is a full season program that runs from September 14th to March 26th.

The StarSkate 1 Package includes:

- 2 sessions of group lead ice rental time
- 1 session of independent ice time
- 1 Off Ice session

Primary/Star 1 Sessions

- Friday, Battleford Arena (BF) 4:00 – 5:00
- Saturdays; Access Communication Center (ACC) 9:30 – 10:30
- Skaters may choose between the following 2 independent ice option
Monday 4:00 – 5:00 or Saturdays from 10:30 – 11:30

All dates and times will be posted on Skate Battlefords Website Calendar.

Events:

Star 1 Skaters are invited to participate in:

- Halloween Bring a Friend Skate October 26th Battleford Arena 5:45 – 6:45
- Holiday Celebration December 7th
- Funfest

Other community in our area holding Funfest, Dates and locations to be announced. More info on events can be found further down in the handbook

- Family Skate 11th ACC 5:00 – 6:00pm
- Ice Show dress rehearsal and pictures March 18th
- Ice Show March 20th

Fees and Payment Options

Skaters must be registered and first payment made before the start of the first day's lesson in order for skaters to participate

All fees will include 2026-2027 Registrant Fee

Registrant Fee – Skate Canada	\$25.00
Safe Sport Fee	\$ 5.00
Skate Saskatchewan	\$42.50
Injury Benefit Charge	\$ 0.70

Total \$78.20

Full Season - September 18th – March 26th

Fee

Payment for Primary can be made in full at the time of registration or can be made according to our payment plan by E-Transfer

Star 1 - \$1200.00 + \$78.20 Skate Canada/Skate Saskatchewan fee = **\$1278.20**

Payment Plan

Payments made on payment plan are due at the 20th of every month and first payment to be made at time of registration if after September 1st.

- Payment plan can be found on the Skate Battleford uplifter site.

Payment can be made in by E-Transfer to sk8battlefords@sasktel.net

Club Fundraiser:

We encourage parents and skater participation so that we can keep our fees reasonable.

Spring Co-Op Gift Cards – To be sold in November

Canteens – email will be sent out with dates

Spring fundraiser - TBA

Star 1 Upgrade:

Star 1 skaters may purchase a 10-hour punch pass from the uplifter site under the products page if they are interested in purchasing more ice time. Families must make arrangement with a Taylor or Josie for available lesson times before purchasing a pass.

Lessons during this time are billed directly from coaches.

Refunds/Cancellations and Trial period

Trial Period: Skate Battlefords has a 2-week trial period after the start of the first skating day. This does not include the Star 1 Upgrade.

Note: The first day of skating will seem unorganized and chaotic but we assure you that it is under control. Skaters at this level are learning how to be self-directed and self-motivated which is a learning curve to be mindful of. Our program assistant and coach will provide guidance.

Refunds:

Refunds will be given before the start of the first skating day and up to the deadlines. The Skate Canada/Skate Saskatchewan fee of \$78.20 is non-refundable. Withdrawals done before the start of the season will not be charged a processing fee.

After the start of the season the number of sessions skated will be deducted, as well as a processing fee of \$20.00, off of the refund. Refund amounts are based on the date of receipt of written notice, submitted during a Primary session or emailed to sk8battlefords@sasktel.net Email must include the skater and parent names, skating day, address, and the reason for withdrawal. There is no refund for lessons completed prior to receipt of a written notice, regardless of attendance,

Deadline: Refunds will only be given after September 28th at the discretion of the Board of Directors

Note: Skaters who join after the withdrawal deadlines can withdraw until the end of their second scheduled class. The refund will be the total fee, less the processing fee.

After the final deadlines, refunds will only be considered for medical reasons accompanied by a doctors note or in the case of “unusual circumstances” but will be at the discretion of the Board of Directors.

Cancelled Classes: Skate Battlefords cannot make up a class or provide a refund if there is a cancellation due to circumstances beyond the control of Skate Battlefords. Or circumstance related to the Town of Battleford, City of N. Battleford.

Program Assistants

Program Assistants (PA's) are individuals who have been trained by a Canskate/Primary coach to assist in the delivery of the Primary program. PAs are not certified coaches but from current skaters or former skaters of the club. PAs selected and trained by the coaches.

Coaches and PA's will do there best to make sure all skaters are engaged in the flow of lessons. Primary skaters are taught how to be self directed by working in their large group as well as smaller groups and independently. Skaters that have difficulty with the different dynamics in the flow of lessons will be checked on and encourage to participate as directed. Note: Coaches or PA's can not provide one on one attention to skaters at all times.

The Coach may seek your guidance on how to best instruct your skater. Parents are also encouraged to communicate with Coaches on the progress and well being of your skater. Program Assistants are not equipped to communicate such matters but will direct you to a coach. Best time for questions is after each session or electronically.

StarSkate 1 Program Structure:

A transition from the Canskate program to the StarSkate program.

You are going to find some difference between the programs. In the StarSkate 1 program your fees will provide a one-hour group lesson each skating day in which coaching fees are included. Independent time of 1 hour/week and off-ice only covering ice/rental. All other coaching time is billed by the coach and paid directly to the coach.

Coaching:

Your most important first step is to have a meeting with Jessica to talk about your skaters' goals and your budget for lessons outside of the group on-ice and off-ice lesson time.

Jessica will recommend for each skater how independent lesson structure should look like specific to your skater.

Things to note:

- a) Coaching fees are not covered in your registration, unless otherwise stated. Coaching for private, semiprivate, small group, large group, classes and Ice show prep lesson are billed directly to parents from all coaches.
- b) Some coaches may charge a milage fee on top of the lesson fee.
- c) All coaches charge for travel, expenses and coaching time when going to FunFest events, Star competitions or assessment days
- d) The Skate Battlefords Board of Directors has no say in fees that Coaches charge. Questions or concerns about fee's must be directed to the coach.
- e) Open communication with coach is vital

StarSkate 1 Session Structure:

- A mix of group time and independent skating time.
- 1 group lesson (2 hours week) will consist of:
 - Warm up 5- 10 min
 - Group lesson 45 – 50 min
 - Cool down 5 min

The program structure may change from time to time based on focus of learning.

StarSkate 1 independent time:

- 1 hour a week will be used for semiprivate, small group or individual practice time. Skaters not in a lesson must be working on a practice plan laid out by the coach.
- Lessons will be discussed and scheduled through your coach.
- Coaching during independent time is billed to parents directly by the coach. Miss lesson coaching fees will be charged for regardless of attendance.
- **Off -Ice, 30 min / week** will be scheduled through our coaching team – off-ice is a fundamental building block for a well rounding skating experience. Off-Ice is used for enhancing skating skills and performance through Strength, Power, Flexibility and Endurance Conditioning as well as to reduce and/or prevent skating related injuries.

Star Assessments:

Skills, Tests, Achievement, Recognition – this is what STARSkate is all about!

Now that your skater is part of the StarSkate skating stream, skaters have the opportunity to take Skate Canada Assessments through a nationally standardized testing system.

STAR 1-5

- Assessments are coach assessed and include Skills, Freeskate, Artistic and Dance.

- Coaches will notify the skater and parent of the upcoming session on which your skater will be assessed
- A test ticket can be purchased on the Skate Battlefords uplifter site and an E-transfer for payment is required in advance of the assessment.
- Forward the test ticket purchased email to your coach for access to the test ticket code.
- Test will be conducted during skater's regular ice time
- Skaters should wear comfortable, body snug clothing or a skating dress.

Club Clothing:

Skate Battlefords Promotions Representative will arrange a Club group clothing order late October.

More information to come out closer to the date.

Equipment:

- Co-op Leisure time has a great selection of figure skates and accessories to choose from. The staff is very knowledgeable in proper fitting to accommodate growth and skating excellence.
- StarSkaters are encouraged and time is taken to teach how to tie their own skates.

Skate Blades

- Sharpening of blades will require skates to be taken to Saskatoon for proper figure skate sharpening
 - a. Date for sending skates to get sharpened will be posted and parents notified
 - b. Cost of Sharpening is \$10
- Blade socks are required for protection while skates are being stored.
- Skate guards are a must-have to protect blades while walking off the ice.

Helmet Policy:

- Star Skaters may continue to wear their helmets until they are comfortable without it.
- Bring a friend and Family fun skates: Any participant who is not a registrant of Skate Canada must wear a CSA-approved hockey helmet, regardless of their skating ability or age, in accordance with Skate Canada Policy.

Skaters Dressing Rooms:

- All Dressing rooms are inclusive
- Skaters will put on skates in their assigned groups dressing rooms. Please check the white boards as you come into the arena's for assigned dressing room
- Skaters that need to change must do so in the washrooms provided in the lobby
- If a request is made for separate space, Skate Battlefords will try to accommodate as much as possible
- Cell phone or devices that are capable of capturing an image are not to be used in dressing room for any reason

- Dressing rooms must be kept clean

Communication

Information will be sent out by email or group chat from Dan Epp or Cindy (Coach)

You can also email: d.epp@hotmail.com or sk8battlefords@sasktel.net

You can also talk to your coach directly with any questions you may have at the end of a session.

Website: www.skatebattlefords.ca	Club email – sk8battlefords@sasktel.net	Facebook page: Skate Battlefords
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Coaching staff: The board of directors has contracted skilled professional coaches, certified by Skate Canada, who oversee all programs at ice level.

Jessica Reese; Base Coach/Discipline/ Ph; 306-380-0956 jessica-penner@outlook.com Provincial Coach in-training – Freeskate, Skills, Dance, Artistic Star 1-5 Evaluator & Competitive Judge 11 years Coaching Experience	Taylor Bryant CanSkate Coach/Discipline Coach/Primary coach taylor.rosemae5@gmail.com Regional Coach in Training 2 ½ years CanSkate Coaching	Josie Sadlowski CanSkate Coach/Discipline Coach sadlowskijosie@gmail.com Regional Coach in training
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Skate Battlefords Board of Directors

A Board of Directors helps with the operation of Skate Battlefords. All board members serve on a voluntary basis. The Board of directors is elected at the annual general meeting.

Board Of Directors 2023-2024

Executive: Past President - President – Vice President – Angela Robertson Secretary – Caitlyn Clark Treasure – Alana Bryant	Directors: Professional Coaching Representative – Jessica Reese Registration/Uplifter Director – NA Fundraising/SponsorDirector- NA StarSkate/AssessmentDirector- Brianna Panchuk Events Director – Britt Rumpf CanSkate Director – Josie Sadlowski	Representatives: CanSkate Monday parent Rep – NA Canskate Thursday Parent Rep - NA Primary/Star 1 Representative – NA Junior Representative – NA Intermediate Representative – NA Senior Representative – NA Grant Representative (works with the treasurer) Publicity Representative (works with the secretary) Competitive Representative
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Interested in Joining our Board of Directors?

If you would like to start on the board as a member at large just to familiarize yourself with how our board is ran please contact:
sk8battlefords@sasktel.net

Volunteers:

Skate Battlefords is always looking For Volunteers!!!!!!!

Skate Battlefords is run entirely by volunteer and community members dedicated to the sport of skating.

Parent volunteers are vital to the success of the club and the events hosted throughout the year.

Are you looking for a way to pitch in without making a huge commitment?

You could do so by volunteering for one of these events....

- Halloween Bring a Friend Skate
- Holiday Celebration
- Valentines Family Fun Skate)
- Ice Show
- Parades (Annually in August)

Information will be available closer to event dates, or you can contact our Events Director Britt Rumpf @ britt.rumpf@lskysd.ca to enquire how you can be of assistance.

This season events: Skate Battlefords holds a number of events for your skater to participate and watch during the season.

Halloween Bring a Friend Skate October 26th 5:45 – 6:45

- Skaters are encouraged to invite a friend to participate with them during their CanSkate session. Join us in the lobby after to participate in a craft and refreshment.
- All participants are required to wear a helmet regardless of age or ability in compliance with Skate Canada Policy. Unless they are above stage 5 and register with Skate Canada.

Holiday Celebration Monday December 7th 5:45 – 6:45

- Invite your family and friends to enjoy watching your kids and others from various stages within our skating club show off what they have learn so far in the season. Refreshments and snacks available for purchase. This is a free admission viewing open to the community.

Valentines Family fun Skate February 11th 5:30 – 6:30

- Skaters are encouraged to invite their family to join them on the ice for a family skate. Join us in the lobby for some extra fun.
- All participants are required to wear a helmet regardless of age or ability in compliance with Skate Canada Policy. Unless they are above stage 5 and register with Skate Canada.

Ice Show March 26th 2 – 4 @ the Access Communications Centre

- Every year the Skate Battlefords Club likes to showcase the talents and progress of our skaters with a year-end Ice Show.
- The Ice Show is a time for all families and the community to get together and celebrate the season's success of their skaters skating progress. All levels of skaters are encouraged to participate in the Ice Show.
- This is the skating clubs biggest fundraising event of the year. 50/50, flower sales, and raffle are available.

Parades Annually in August Town of Battleford & Northwest Territorial Days

- Skate Battlefords participates in both the Battleford and North Battleford parades in the summer. We welcome all past and present skaters and families to ride or walk in the parade with us. An email will be sent out to all the previous seasons registered skaters in July with more information.

Competitions: Competitions are optional, but skaters are encouraged to participate.

Competitions offer skaters an opportunity to perform by themselves in front of an audience and to be assessed on their performance by officials. The skaters will learn about good sportsmanship and given the opportunity to experience a new level of success.

- Your coach will inform you of which competitions your skaters will be performing in and which categories your skater will participate in.

- Parent or guardian is responsible for making sure their skater is registered for competitions on or before the deadline
- Competitions all have entry fees in order to participate. These fees will vary from one competition to another and must be paid when registering your skater for the competition.
- Coaches accompanying skaters for competition will bill for travel expenses and a coaching fee.

Competitions for the 2026 – 2027 season that Star 1 skater are encouraged to participate in:

To BE Announced

Information for competitions will come through your Primary/Star 1 coach.

Helpful Information:

- Your skater will need to pack, skating dress or proper competition attire, clean tights, skates, and extra laces, 2 copies of music (if needed), club jacket or warm up jacket, mini mitts, hair supplies, makeup, runners and skipping rope for warming up.
- Some extra things to consider packing, lint roller, magic eraser (for cleaning skates), white out (for skate mark touch ups), extra pair of tights, healthy snack, water bottle.
- Plan to arrive a minimum of one hour before your skaters scheduled event time. Competitions will not wait for skaters.
- Be sure your skater arrives at the rink dressed, with makeup and hair done. If you plan on getting ready at the rink allow enough extra time to do so.
- When you arrive at the venue, check in, drop off both copies of your music (if needed).
- Locate your coach, dressing room and warm up and mentally prepare for your skate.
- Note: At some competitions parents are not allowed in the dressing room so if your skater needs assistance you will need to help them in the lobby or in the stands.
- Put your skates on at least 15 min prior to your warmup skate.
- The ice captain of the event will call groups from dressing rooms.
 - Skater will proceed to the ice, and their coach will guide them through their warmup and help to calm nerves.
 - Each skater will participate in their order.
 - After their skate and once the whole group is done results will be posted somewhere on the walls of the arena.
 - A ribbon or medal presentation will take place, hosting arena will have a scheduled time for groups to receive awards.

Please remind skaters to be gracious whether they get the placement they wanted or not. No matter what the placements turn out to be, if skaters worked hard, tried their personal best, and had fun that is all that's important.

Ice Policy:

Now that your skater has progressed to StarSkate they will have more independent time on the ice surface. Please go over the ice rules with your skater so they are aware. Skaters will start to learn the skills of being mindful of other skaters that they are sharing the ice with.

Rules of the ice

- Get up immediately when you fall, it's dangerous to remain on the ice surface.
- Skaters are not permitted to skate through another groups lesson or coach/skater lesson.
- Skaters should not interrupt a coach in a lesson, they should wait off to the side until the coach is able to talk.
- Skaters need to inform a coach every time they are leaving the ice surface.
- Coach and skaters in a lesson always have the right of way.
- Kicking the ice or disrespect of the surface will not be tolerated.
- No food or drink (except water bottles) permitted on/near the ice surface by skaters.
- Skater must be working on skating goals while on the ice.
- Skaters must be aware of the flow of other skaters around them at all times.
- Profanity, abusive behavior or harassment will not be tolerated at or on the ice surface or in the building.
- ONLY SKATERS AND COACHES OR AUTHORIZED PERSONS MAY ENTER THE ICE AREA/PLAYER BOX/MUSIC BOX
- The ice surface is not to be used for visiting.
- No cell phones are permitted to be used on or at ice level unless coach directed.
- No earbuds or headphones are permitted while at ice level.
- Skaters are not permitted on the ice until the Zamboni has left the ice surface.
- Skaters must clear the ice promptly at the end of their skating session.
- Skaters must look both ways when leaving the boards.
- In the dressing room and on the ice use appropriate language and conversations, be aware of your audience and who is listening.

Skater Code of Conduct:

- Sportsmanlike conduct, safety, courtesy, respect, proper language, and discipline are always expected towards all coaches, fellow skaters, all parents, judges, rink staff, guest and committee members.
- Skaters representing Skate Battlefords at any function are expected to conduct themselves in a responsible and respectable manner.
- Skater should arrive at the rink with enough time to do an off ice warm up and be ready to go on the ice at their start time.
- Skater should step on the ice ready and willing to focus on skating.
- Skater's full attention and best effort are expected during a lesson.
- Skater's must treat equipment and property of other skaters and coaches with respect.

Parent/Guardian Code of Conduct:

- This code applies to all parents/guardians and others; supervising skaters who are Registered with Skate Canada.
- Parents/guardians shall always abide by this code while participating in any Skate Battleford or Skate Canada event, competition, school, or activity.
- All parents/guardians are expected to conduct themselves in a responsible manner consistent with the values of fair play, integrity, open communication, and mutual respect, Parents shall always model positive responsible behaviour and communicate with their skater that they expect to do the same. Parents assume the major responsibility for their skaters on and off ice attitude.
- Parents shall always treat all individuals and property with courtesy and respect
- Place the wellbeing and safety of their child above the training.
- Do not force your child to participate in sports but do support their desire to participate in their chosen sport. Remember they should skate for their enjoyment, not yours
- Parents should set reasonable expectations for their child's participation in skating focusing on development and enjoyment for the sport.
- Parents should instil confidence in their skater's ability and skill development, always avoiding comparison with another skater
- Parents along with the coach and the athlete, shall be considered members of a team whose main concern is the child's love of the sport, and overall progress and development. Parents shall respect that the coaches are responsible and empowered for on ice and off ice development of an athlete,
- Be courteous of your skater, other parents, other skaters, coaches, league officials, rink employees and visitors at all times.
- Insist that your child and other family members abide by the code of conduct, club rules and rink rules.
- Do not approach or otherwise distract coaches or skaters during scheduled skating or off ice training sessions. Coaches are not expected to leave the ice for consultations during a session unless it is an emergency.
- Exercise control and restraint when dealing with difficult issues. The use of abusive, threatening, or violent behaviour and or foul sexist, racist or abusive language in or around the grounds of the skating rink is strictly prohibited.
- Parents shall emphasize the importance of values like sportsmanship, respect, cooperation, and teamwork to their children.
- Parents should model and encourage their children to maintain a healthy balance between skating and life.
- Parents shall insure that their skater wear proper skating attire on and off the ice
- Parents are expected to have their skaters at the rink in enough time for the skater to be prepared and on the ice for their designated skating time.
- Parents are expected to get their skater immediately after their child's skating time.

Coaches are only responsible for your skater while they are in scheduled lesson times.

- It is the parent's responsibility to be sure your skater is being supervised during all other times.
- Parents are responsible for making sure they check their emails and /or Facebook for club communications.
- Never appear at the rink or any activity hosted by skate Battlefords under the influence of drugs or alcohol.
- Parents must be sure to contact a coach with as much notice as possible if a skater is going to miss a lesson time. If enough advance notice is not given, the lesson may be charged anyways
- Please be sure to pay coaches bills in a timely manner, this is a job and part of their income.
- Parents are not allowed in the player box or standing at the boards of the ice
- Please do not call or yell at your child from the stand while they are on the ice, as this cause distractions and can cause an accident

THANK YOU IT IS OUR PLEASURE TO PROVIDE SKATING SUCCESS TO YOUR FAMILY

