



**Skate
Sask**



CanSkate Handbook 2026 - 2027

Skate Battlefords Board of Directors is pleased to welcome all skaters and their families to 2026/2027 skating season. We hope to make it a rewarding and fun season for all. We are proud to say that we have a great group of volunteers and coaching staff who are committed to the success of Skate Battlefords and all its members.

The CanSkate parent handbook is filled with information that will help skaters and their families have a more informed view on the skating season. If you have any questions or suggestions about the information available, we encourage you to contact any member of the Board of Directors.

The success of the club is based on volunteers that put in an endless number of hours to keep the club and its programs running smoothly. We would like to thank everyone in advance for all their time and commitment. We wish everyone a successful season of personal bests, fun and laughter.

Mission Statement:

Skate Battlefords is a non-profit organization, sanctioned by Skate Canada that provides an inclusive opportunity for the community to participate in skating as a sport. Through encouragement, support, and training with the expertise of a professional coaching staff and dedicated program assistants, all participants can achieve their person goals in a fun, safe and nurturing environment.

The Mandate of Skate Battlefords:

To encourage the instruction, practice, enjoyment, and advancement of its members in all aspects of skating and to create a positive inclusive atmosphere in which a sense of commitment, cooperation, and responsibility enable community members to achieve goals in physical literacy, excellence in sport, and participate in the sport of skating for a lifetime.

** Disclaimer** Information in this handbook is subject to change. The board of directors, coaches and volunteers strive to full fill the information provided but cannot be held liable for changes

Monday CanSkate Sessions are from 5:45PM – 6:45PM

Mondays, Battleford Arena (BF) Battleford Arena 401 28th Street West, Battleford (306) 937-6219

Thursday CanSkate Sessions are from 5:30PM – 6:30PM

Thursdays Access Communications Centre (ACC) 1902 104 St, North Battleford (306) 445-1755

Saturday CanSkate Session is from 8:30 – 9:30AM

Saturdays Access Communications Centre (ACC) 1902 104 St, North Battleford (306) 445-1755

Parent/Assistant and Skater is available one day a week on all offered CanSkate days

Battleford Arena and Access Communications Centre require certain conditions to be met by arena users.

- ✦ Children should always be supervised, and it's respectfully asked they be refrained from running around, making noise in hallways, lobbies, dressing rooms and around the ice surface.
- ✦ Devices with the ability to capture images and sound are **not to be used in the dressing rooms for any reason.**
- ✦ Members represent Skate Battlefords while in the arenas, please act in such a way that reflects well on our club.

Registration:

Online registration opens for the Full Season and the Fall Session August 10th/2026

Online registration opens online for the Winter Session [December 2nd](#)

Registration for all programming is available on the website at [Skate Battlefords](#) under the registration tab. Skate Battlefords registration is powered by Uplifter
<https://skatebattlefords.uplifterinc.com/>

Late Registrations: are as follows unless approved by the Board of Directors and the CanSkate Coach.

Registration after [September 27th](#) will be subject to a [\\$20.00](#) late registration fee.

Registration for the Full Season will not be accepted after [November 8th](#).

Registrations for the Fall Session will not be accepted after [October 11th](#).

Registration for the Winter Session will not be accepted after [January 17th](#).

CANSKATE 2026-2027 Season: CanSkate is a Learn to Skate program.

We offer [a one day, two day or three day](#) a week option that can be taken for the full season or for the shorter fall or winter sessions. The CanSkate program is a great way for skaters to learn the basics of skating whether they move into figure skating, hockey, speed skating or recreational skating for life.

CanSkate is open to all ages. It teaches basic skating skills and fundamental movements such as go forward, go backward, stop, turn, spin and jump. The program emphasizes fun and continuous movement. It is taught in a group lesson format and skaters are rewarded with official ribbons and badges as they progress through the stages. CanSkate is the flagship learn-to-skate program that has taught millions of Canadians to reach their recreational and competitive goals on the ice.

Parent/Assistant and Skater: Is part of our CanSkate learn to skate program.

Parent/Assistant and Skater is offered 1 day a week on an of the CanSkate sessions, the program is offered as ½ season sessions. The parent/assistant and Skater program is for skater off all ages that is in need of their parent/guardian or assistant on the ice to be successful or comfortable on the ice.

Note: The first day of skating will seem unorganized and chaotic but we assure you that it is under control. A lot of skaters within the CanSkate program may go through stages of crying and crawling, standing shuffling, walking, skating. Our program assistants and coach will do their very best to keep your child on the ice and engaged.

Canskate Sessions are from

Mondays, Battleford Arena (BF) 5:45 – 6:45 Thursdays Access

Communications Centre (ACC) 5:30 – 6:30 and Saturday 8:30 to 9:30 (ACC)

Program Options:

Full Season - September 14th – March 26th

1 Day a week Monday, Thursday or Saturday

2 Day a Week Monday/Thursday, or Monday/Saturday, or Thursday/Saturday

3 Day a week Monday, Thursday and Saturday

CanSkaters registered in the Full Season will have the opportunity to participate in:

- Halloween Bring a Friend Skate October 26th. This is for all Canskate group Monday, Thursday and Saturday

**Any participant who is not a registrant of Skate Canada must wear a CSA-approved hockey helmet, regardless of their skating ability or age in accordance with Skate Canada Policy*

- Holiday Celebration December 7th, All days
Invite family and friends to watch what the skaters can do!
- Pictures for Canskate December 7th in the lobby after the show
- Valentines Family Skate February 11th

**Any participant who is not a registrant of Skate Canada must wear a CSA-approved hockey helmet, regardless of their skating ability or age in accordance with Skate Canada Policy*

- Ice Show Dress Rehearsal and Pictures March 18th

- Ice Show March 20th

Fall Session - September 14th – December 18th

1 Day a week Monday, Thursday or Saturday

2 Day a Week Monday/Thursday, or Monday/Saturday, or Thursday/Saturday

3 Day a week Monday, Thursday and Saturday

CanSkaters registered in the Fall Season will have the opportunity to participate in:

- Halloween Bring a Friend Skate October 26th/27th/30th. This is for all Canskate group Monday, Thursday and Saturday skaters on there regular day.

**Any participant who is not a registrant of Skate Canada must wear a CSA-approved hockey helmet, regardless of their skating ability or age in accordance with Skate Canada Policy*

- Holiday Celebration December 8th and the 11th
Saturday Skaters will participate on the 11th
Invite family and friends to watch what the skaters can do!
- Ice Show Dress Rehearsal and Pictures March 26th
- Ice Show March 28th

Winter Session - January 2th – March 26th

Registration will open on December 2nd

1 Day a week Monday, Thursday or Saturday

2 Day a Week Monday/Thursday, or Monday/Saturday, or Thursday/Saturday

3 Day a week Monday, Thursday and Saturday

CanSkaters registered in the Fall Season will have the opportunity to participate in:

- Valentines Family Skate February 10th and 13th
Saturday Skaters will participate on the 13th
Skaters can bring family on the ice with them

**Any participant who is not a registrant of Skate Canada must wear a CSA-approved hockey helmet, regardless of their skating ability or age in accordance with Skate Canada Policy*

- Ice Show Dress Rehearsal and Pictures March 26th
- Ice Show March 28th

Please see Events below for full descriptions of events.

All skaters are invited to participate in the Parades in August.

Fees and Payment Options:

Skaters must be registered, and first payment made before the start of the first day's lesson in order for skaters to participate.

Payment for CanSkate can be made in full at the time of registration or can be made according to our payment plan by E-Transfer.

All fees will include 2025-2026 Registrant Fee

Skate Canada

Registrant Fee – National \$25.00

Safe Sport Fee \$ 5.00

Injury Benefit Charge \$ 0.70

Total \$30.70

Skate Saskatchewan fee \$42.50

Total **\$78.65**

Full Season - September 15th – March 26th

Payments on payment plan are due on the 20th of every month or first payment to be made at time of registration.

1 Day a week \$540.00 program fee + \$78.20 Skate Canada/Skate Saskatchewan fee = \$618.20

2 Days a Week \$850.00 program fee + \$78.20 Skate Canada/Skate Saskatchewan fee = \$928.20

3 Days a Week \$1080.00 program fee + \$78.20 Skate Canada/Skate Saskatchewan = \$1158.20

Payment Plan

Payment plan available on the uplifter website. Payment plan is only available for full season programming.

CanSkate payment can be made by E-Transfer to sk8battlefords@sasktel.net

Fall Session - September 14th – December 18th

Payments on payment plan are due on the 20th of every month, first payment to be made at time of registration

1 day a week \$305.00 program fee + \$78.20 Skate Canada/Skate Saskatchewan fee= **\$383.20**

2 Days a week \$550.00 program fee + \$78.20 Skate Canada/Skate Saskatchewan fee = **\$628.20**

3 Days a week \$850.00 program fee + \$78.20 Skate Canada/Saskatchewan Fee = **\$928.20**

Winter Session - January 2th – March 26st

Payments on payment plan are due on the 20th of every month, first payment to be made at time of registration

1 day a week \$305.00 program fee + \$78.20 Skate Canada/Skate Saskatchewan fee=
\$383.20

2 Days a week \$550.00 program fee + \$78.20 Skate Canada/Skate Saskatchewan fee = **\$628.20**

3 Days a week \$850.00 program fee + \$78.65 Skate Canada/Saskatchewan Fee = **\$928.20**

Refunds:

Refunds will be given before the start of the first skating day and up to the deadlines for each session. The Skate Canada/Skate Saskatchewan fee of \$78.20 is non-refundable. Withdrawals done before the start of the season will not be charged a processing fee.

After the start of the season the number of sessions skated will be deducted, as well as a processing fee of \$20.00, of the refund. Refund amounts are based on the date of receipt of written notice submitted during a CanSkate session or emailed to sk8battlefords@sasktel.net. Email must include the skater and parent names, skating day, address, and the reason for withdrawal. There is no refund for lessons completed prior to receipt of a written notice regardless of attendance. The Skate Canada/Skate Saskatchewan fee of \$78.20 is non-refundable.

Refunds will not be given after September 27th for the fall session or the full season. Refunds will not be given after January 16th for the winter session.

Note: Skaters who join after the withdrawal deadlines can withdraw until the end of their second scheduled class. The refund will be the total fee, less fees for 2 lessons already skated and the processing fee.

After the final deadlines, refunds will only be considered for medical reasons accompanied by a doctor's note or in the case of "unusual circumstances" but will be at the discretion of the Board of Directors.

Cancelled Classes: Skate Battlefords cannot make up a class or provide a refund if there is a cancellation due to circumstances beyond the control of Skate Battlefords, Town of Battleford, City of N. Battleford.

Program Assistants:

Program Assistants (PAs) are individuals who are continuously being trained by a CanSkate coach to assist in the delivery of the CanSkate program. Program Assistants are not certified coaches. Program Assistants are chosen from several different groups of people including current skaters at the club, former skaters, and skaters from other sports such as hockey or ringette. PAs are chosen based on many different factors but all program assistants are selected at the discretion of the coaches.

Coaches and PAs will do their best to make sure all skaters are with their designated group, unfortunately at times skaters do not wish to participate within the group dynamics. Skaters that will not participate will be checked on and encouraged to join the group but unfortunately, **we cannot provide one on one attention to CanSkaters.**

Just a reminder please refrain from asking your questions to the Program Assistants as it is not their job to answer questions about your child's progress or be up to date on the running of the club. They will however connect you with the coach in charge.

CanSkate Program Structure:

Each session runs for 1 hour. Skaters from the yellow / beginner group will practice off-ice before going on-ice and may only skate for 45min till they are comfortable and steady

Parents are not allowed on the ice for any reason. Parents are not allowed in the player's box unless your child needs your help with skates.

Stages your child will fit into & will go through: Crier, Crawler, Stander, Walker, Shuffler, Skater. Skaters are grouped by similar skill level and are assessed within the first few sessions of the season. As skaters progress, they may move to different group colours. However, if your child does not seem to be changing groups it does not mean they are not advancing, Skaters will progress through stages 1 and 2 faster than stages 3-6.

Each group has a Program Assistant and a program helper that stays with the group and moves them from station to station.

Warm up: The warm is about 10 mins and consists of general forward and backward skating around the perimeter of the rink as well as a full body movement and beginning skills.

- Skaters who are comfortable skating on their own will be allowed on the ice first once the Zamboni doors are closed and coaches/program assistants are on the ice.
- Non skaters or skaters who are not comfortable being on the ice alone or who need assistance will get an off-ice lesson near the entrance in preparation for their on-ice experience. A coach or PA will assist skaters onto the ice and provide guidance as best as possible.

Stations: The club uses a station circuit format. The circuits are used to cover a wide range of skills associated with each of the three areas Balance, Control, and Agility.

Circuit Stations: Consist of Fast Track, Balance, Control, Agility, Fun Zone, and Skill Development.

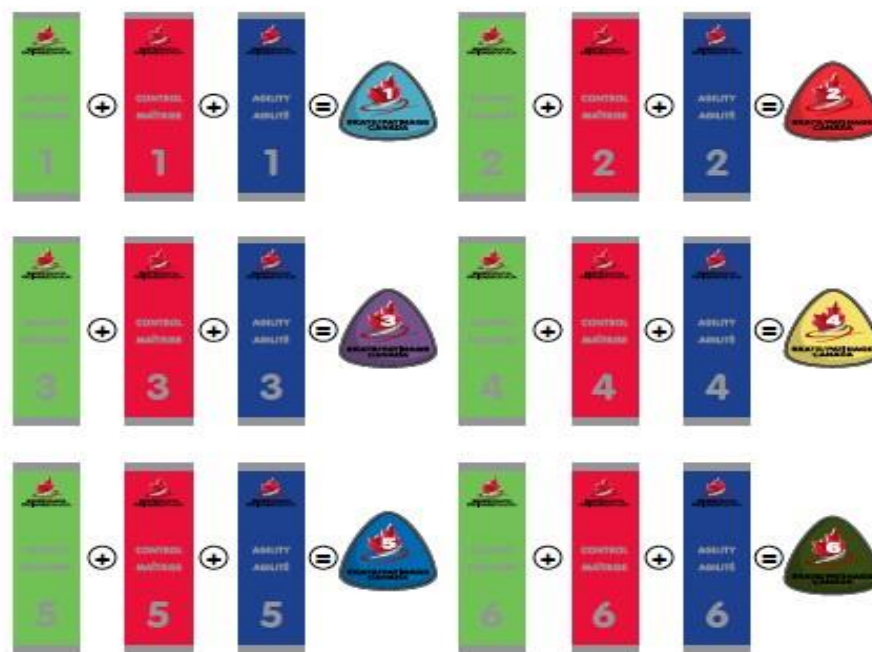
Cooldown: Last 5 – 10 min of each session. This is a group activity which allows full use of the ice, while allowing skaters to cool down in a safe manner after session.

The Program Structure may change from time to time as the coach sees fit and without notice

PROGRAM AWARDS: The CanSkate program curriculum is organized into six progressive stages of learning. Each stage is broken down into three fundamental areas: • Balance: Concentrating on forward skills, pushing technique, and edges

- Control: Concentrating on backwards skills, stopping and speed elements
- Agility: Concentrating on turning and jumping skills

Badges & Ribbons – There are 6 Stage Badges and 18 fundamental movement ribbons. To pass achieve a stage badge; skaters must acquire checkmarks for the related skills of each fundamental movement area ribbon (Balance, Control, Agility) at which time they will achieve the corresponding badge.



Equipment:

- CSA approved helmets are mandatory for all CanSkaters and must have a CSA sticker. Bicycle and ski helmets are not acceptable protection. Helmets with cages are optional.
- Knee pads and elbow pads are a good idea if you choose.
- Skates should fit just a finger or two bigger to accommodate for growth and blades should be on the duller side.
- Tie skates loose from the toe to just below the ankle, tighter in the ankle area, and looser at the top so skaters are able to bend their skates easily.
- Skate guards are a must-have to protect blades.
- Clothing: No bulky ski jackets, pants or jeans that are binding in the crotch area, stretchy is best.
Lighter jacket adding layers that can be taken off or on is best for maneuverability.
- Mitts that fit properly; coaches & PA's need to hold the hands of skaters to assist them

Helmet Policy:

- Parent and Tot, CanSkate, CanSkate upgrade. Power Skaters and Primary, up to and including stage 5 must wear a CSA approved helmet while on the ice.
- Bring a friend and family fun skates: Any participant who is not a registrant of Skate Canada must wear a CSA-approved hockey helmet, regardless of their skating ability or age, in accordance with Skate Canada Policy.

Communication:

Email – Canskate information will be sent out primarily by email from your Canskate parent rep, based on the email provided on the uplifter registration site. If you have not received an email from Skate Battlefords or your parent rep within the first month of skating please email Skate Battlefords to be sure we have your email correct.

THE THURSDAY AND SATURDAY CANSKATE PROGRAMMING CURRENTLY HAS NO PARENT REP REPRESENTING THESE CANSKATE GROUPS.

All programming communication is greatly helped by having a parent volunteer to sit on the Board of Directors represent each programming group.

The duties of a CanSkate Representative are: Communicate with the CanSkate Representative that goes to board meetings about concerns or questions you're your group, helping write and forwarding Canskate emails to your group's families, helping the event director to plan, find volunteers and execute events for your programming group.

Paper Handouts: Your child may be given a handout or colouring page at the end of a skating session. Please be sure to have a look for times and reminders on the back of the colouring page.

You can also talk to your coach directly with any questions you may have. Please be sure to wait until the end of a session to talk to your coach.

You can also email Cynthia Tymoruski @ strides@sasktel.net
Monday Canskate Representative – cheidt2017@outlook.com
Website: www.skatebattlefords.ca
Facebook page: Skate Battlefords
Club email – sk8battlefords@sasktel.net

Coaching staff: The board of directors is contracted with skilled professional coaches, certified by Skate Canada, who oversee all programs at ice level.

Josie Sadlowski CanSkate Coach	Taylor Bryant CanSkate Coach
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SKATE BATTLEFORDS BOARD OF DIRECTORS:

A Board of Directors helps with the operation of Skate Battlefords. All board members serve on a voluntary basis. The Board of Directors is elected at the annual general meeting.

Board Of Directors 2023-2024

Executive: Past President - President – NA Vice President – NA Secretary – NA Treasure – Alana Bryant	Directors: Professional Coaching Representative – Jessica Reese Registration/Uplifter Director – NA Fundraising/SponsorDirector- NA StarSkate/AssessmentDirector- Brianna Panchuk Events Director – Britt Rumpf CanSkate Director - NA	Representatives: CanSkate Monday parent Rep – NA Canskate Thursday Parent Rep - NA Primary/Star 1 Representative – NA Junior Representative – NA Intermediate Representative – NA Senior Representative – NA Grant Representative (works with the treasurer) - NA Publicity Representative (works with the secretary) - NA Competitive Representative - NA
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Interested in Joining our Board of Directors? These are the current open Board positions:

If you would like to start on the board as a Member at large just to familiarize yourself with how our board is ran please contact sk8battlefords@sasktel.net

Volunteers:

Skate Battlefords is always looking for volunteers!!!!!!!

Skate Battlefords is run entirely by volunteer and community members dedicated to the sport of skating. Parent volunteers are vital to the success of the club and the events hosted throughout the year. If you are interested in one of these positions you can contact Britt Rumpf

britt.rumpf@lskysd.ca

Are you looking for a way to pitch in without making a huge commitment?

You could do so by volunteering for one of these events....

- Halloween Bring a Friend Skate
- Holiday Celebration
- Valentines Family Fun Skate
- Ice Show
- Parades

Information will be available closer to event dates or you can contact our Event's Director Britt Rumpf @ britt.rumpf@lskysd.ca to enquire how you can be of assistance.

To This Season's Events:

Skate Battlefords holds a number of events for your skater to participate and watch during the season.

Halloween Bring a Friend Skate, October 26th 5:45 – 6:45 for Monday,

- Skaters are encouraged to invite a friend to participate with them during their CanSkate session. Join us in the lobby after to participate in a craft and refreshment.
- All participants are required to wear a helmet regardless of age or ability in compliance with Skate Canada Policy. Unless they are above stage 5 and register with Skate Canada.

Holiday Celebration Monday December 7th 5:45 – 6:45

- Invite your family and friends to enjoy watching your kids and others from various stages within our skating club show off what they have learn so far in the season. Refreshments and snacks available for purchase. This is a free admission viewing open to the community.

Valentines Family fun Skate February 11th 5:30 – 6:30

- Skaters are encouraged to invite their family to join them on the ice for a family skate. Join us in the lobby for some extra fun.
- All participants are required to wear a helmet regardless of age or ability in compliance with Skate Canada Policy. Unless they are above stage 5 and register with Skate Canada.

Ice Show March 20th 2 – 4 @ the Access Communications Centre

- Every year the Skate Battlefords Club likes to showcase the talents and progress of our skaters with a year-end Ice Show.
- The Ice Show is a time for all families and the community to get together and celebrate the season's success of their skaters skating progress. All levels of skaters are encouraged to participate in the Ice Show.
- This is the skating clubs biggest fundraising event of the year. 50/50, flower sales, and raffle are available.

Parades Annually in August Town of Battleford & Northwest Territorial Days

- Skate Battlefords participates in both the Battleford and North Battleford parades in the summer. We welcome all past and present skaters and families to ride or walk in the

parade with us. An email will be sent out to all the previous seasons registered skaters in July with more information.

PARENT/GUARDIAN CODE OF CONDUCT:

- This code applies to all parents/guardians and others; supervising skaters who are registered with Skate Canada.
- Parents/guardians shall always abide by this code while participating in any Skate Battleford or Skate Canada event, competition, school, or activity.
- All parents/guardians are expected to conduct themselves in a responsible manner consistent with the values of fair play, integrity, open communication, and mutual respect. Parents shall always model positive responsible behaviour and communicate with their skater that they expect to do the same. Parents assume the major responsibility for their skaters on and off ice attitude.
- Parents shall always treat all individuals and property with courtesy and respect.
- Place the wellbeing and safety of their child above the training.
- Do not force your child to participate in sports, but do support their desire to participate in their chosen sport. Remember they should skate for their enjoyment, not yours.
- Parents should set reasonable expectations for their child's participation in skating focusing on development and enjoyment for the sport.
- Parents should instil confidence in their skater's ability and skill development, always avoiding comparison with other skaters.
- Parents along with the coach and the athlete, shall be considered members of a team whose main concern is the child's love of the sport, and overall progress and development. Parents shall respect that the coaches are responsible and empowered for on ice and off ice development of an athlete,
- Be courteous of your skater, other parents, other skaters, coaches, league officials, rink employees and visitors at all times.
- Insist that your child and other family members abide by the code of conduct, club rules and rink rules.
- Do not approach or otherwise distract coaches or skaters during scheduled skating or off ice training sessions. Coaches are not expected to leave the ice for consultations during a session unless it is an emergency.
- Exercise control and restraint when dealing with difficult issues. The use of abusive, threatening, or violent behaviour and or foul sexist, racist or abusive language in or around the grounds of the skating rink is strictly prohibited.
- Parents shall emphasize the importance of values like sportsmanship, respect, cooperation, and teamwork to their children.
- Parents should model and encourage their children to maintain a healthy balance between skating and life.
- Parents shall insure that their skater wear proper skating attire on and off the ice.

- Parents are expected to have their skaters at the rink in enough time for the skater to be prepared and on the ice for their designated skating time.
- Parents are expected to get their skater immediately after their child's skating time. Coaches are only responsible for your skater while they are in scheduled lesson times.
- It is the parent's responsibility to be sure your skater is being supervised during all other times.
- Parents are responsible for making sure they check their emails and /or Facebook for club communications.
- Never appear at the rink or any activity hosted by Skate Battlefords under the influence of drugs or alcohol.
- Parents must be sure to contact a coach with as much notice as possible if a skater is going to miss a lesson time. If enough advance notice is not given, the lesson may be charged anyways.
- Please be sure to pay coaches bills in a timely manner, this is a job and part of their income.
- Parents are not allowed in the player box or standing at the boards of the ice
- Please do not call or yell at your child from the stand while they are on the ice, as this cause distractions and can cause an accident.

THANK YOU IT IS OUR PLEASURE TO PROVIDE SKATING SUCCESS TO YOUR FAMILY

