



2023 – 2024 StarSkate Handbook

Skate Battlefords Board of Directors is pleased to welcome all skaters and their families to 2023/2024 skating season. We hope to make it a rewarding and fun season for all. We are proud to say that we have a great group of volunteers and coaching staff who are committed to the success of Skate Battlefords and all its members.

The StarSkate handbook is filled with information that will help skaters and their families have a more informed view on the skating season. If you have any questions or suggestions about the information available, we encourage you to contact any member of the Board of Directors

The success of the club is based on; all the volunteers that put in an endless number of hours to keep the club and its programs running smoothly. We would like to thank everyone in advance for all their time and commitment. We wish everyone a successful season of personal bests, fun and laughter.

MISSION STATEMENT:

Skate Battlefords is a non-profit organization, sanctioned by Skate Canada that provides an inclusive opportunity for the community to participate in skating as a sport. Through encouragement, support, and training with the expertise of a professional coaching staff and dedicated program assistants, all participants can achieve their person goals in a fun, safe and nurturing environment.

THE MANDATE OF SKATE BATTLEFORDS:

Encourage the instruction, practice, enjoyment, and advancement of its members in all aspects of skating. Create a positive inclusive atmosphere in which a sense of commitment, cooperation and responsibility enables community members to achieve goals in physical literacy, excellence in sport and the lifelong participation in the sport of skating.

*** Information in this handbook is subject to change, The Board of directors and volunteers strive to full fill the information provided but cannot be held liable for changes.***

Arena's

Battleford Arena 401 28th Street West, Battleford (306) 937-6219	Access Communications Centre 1902 104 St, N. Battleford (306) 445-1755	Don Ross Arena 891 99 St, 203 North Battleford (306) 445-1790
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Battlefords Arena requires certain conditions to be met by arena users. Just a couple to keep in mind:

- Children should be supervised at all times and are not permitted to run around or make noise in hallways, lobbies, or dressing rooms.
- **Devices with the ability to capture images are not to be used in the dressing rooms. For any reason.**

All members represent Skate Battlefords while we are at the arena and must act in such a way that reflects well on our club.

ONLINE REGISTRATION: Opens August 21st for all programming @

<https://skatebattlefords.uplifterinc.com/>

Information and in person registration help night September 14th, 7pm Access Communication Centre lobby.

LATE REGISTRATION:

Registration after September 29th will be subject to a \$30.00 late registration fee.

PROGRAM OPTIONS:

All packages include: Ice rental and Off-Ice rental. All coaching fees are billed by coaches and paid directly to coaches.

1. 4hr ice rental with 30min off ice rental
2. 6hr ice rental with 30min off ice rental
3. 8hr pkg ice rental with 1hr off ice rental
4. 10hr pkg ice rental with 1hr off ice rental

2023-2024 Ice Schedule

Cancellations: Ice allocations are done by the city and are out of the control of Skate Battlefords. Check the Skate Battlefords website for any changes or cancellations. Parents should check the monthly calendars often. The Skate Battleford Board and Coaches will do their utmost to update the calendars on the Skate Battleford website. They can, however, not be held responsible for missing or inaccurate information.

Time/PM	Monday's
4:00-5:00	StarSkate Session 1
4:00-5:00	Star 1 Independent time
4:45-5:45	Primary/Star1 lesson
5:45-6:45	CanSkate
6:15-6:45	Off Ice
6:45-7:00	Flood
7:00-7:30	CanSkate Upgrade
7:00-8:00	StarSkate Class StarSkate Session 2
8:00-9:00	StarSkate Class StarSkate Session 3

Time/AM	Wednesday
7:30-8:30	StarSkate Session 4

Time/PM	Thursdays
5:45-6:45	CanSkate
6:14-6:45	Off Ice
6:45-7:00	Flood
7:00-7:30	CanSkate Upgrade
7:00-8:00	StarSkate Class StarSkate Session 5
8:00-9:00	StarSkate Class StarSkate Session 6
8:00-9:00	Adult/Teen

Time/PM	FRIDAY
4:00-5:00	Star Skate Sesssion 7
4:00-4:45	Star 1 Independent time
4:45-5:45	Primary/Star1 lesson
5:00--5:30	Parent and Tot
5:15 - 5:45	Off Ice Class
5:45-6:00	Flood
6:00-7:00	StarSkate Session 8 StarSkate Class
6:30-7:30	StarSkate Session 9

Time/AM	SATURDAY
830 - 9:30	StarSkate Class 10 StarSkate Session 10
9:30 - 10:30	StarSkate Class 11 StarSkate Session 11
9:30 - 10:30	Star1 ind time and StarClass 1 Synchro, ice show, Cheer team LAST SATURDAY OF THE MONTH
10:30 - 11:30	StarSkate Class StarSkate Session12
11:30 - 12:00	StarSkate Class Synchro, ice show, cheer team talk coach for your designated week

LEGEND
Time
Canskate related
Primary Related
Off-ice
Pacage Ice Slot
StarSkate Related
Other Programs

THINGS TO DO WITH MONEY:

Skaters must be registered and first payment made before the start of the first day's lesson in order for skaters to participate

All fees will include 2023-2024 Registrant Fee

Registrant Fee – Skate Canada	\$28.00
Registrant Fee – Skate Saskatchewan	\$25.00
Safe Sport Fee	\$ 5.00
Injury Benefit Charge	\$ 0.65
Total	\$58.65

FEES:

Payment can be made in full at the time of registration or can be made according to our payment plan by E-Transfer

1. 4hr ice rental with 30min off ice rental \$ 864.00 + \$58.64 = **\$ 922.65**
2. 6hr ice rental with 30min off ice rental \$1255.50 + \$58.65 = **\$1314.15**
3. 8hr pkg ice rental with 1hr off ice rental \$1620.00 + \$ 58.65 = **\$1678.65**
4. 10hr pkg ice rental with 1hr off ice rental \$1975.50 + \$58.65 = **\$2034.15**

PAYMENT PLAN:

Payments made on payment plan are due at the start of every month or first payment to be made at time of registration if after September 1st.

2023 September 1st, October 1st, November 1st, December 1st, 2024 January 1st

1. 4hr ice rental with 30min off ice rental Payment amount is **\$184.53** monthly
2. 6hr ice rental with 30min off ice rental Payment amount is **\$262.83** monthly
3. 8hr pkg ice rental with 1hr off ice rental Payment amount is **\$335.73** monthly
4. 10hr pkg ice rental with 1hr off ice rental Payment amount is **\$339.03** monthly

2023 September 1st, October 1st, November 1st, December 1st, 2024 January 1st, February 1st

Payment can be made in by E-Transfer to sk8battlefords@sasktel.net

Skate Battlefords is willing to work with families that need a personalized payment plan. Please contact us to set a meeting. Additional administration fee may apply.

FEE REDUCING FUNDRAISING OPTION:

Canteen shifts: Shifts for Canteen will be available closer to the start of the season. For every shift completed \$30.00 will be taken off registration fee or if fees are already paid a refund will be given. No limit to number of shifts that can be worked. Canteen shifts are available at every North Star home game. Shifts run from 6:30 – 9:30 and 7:00 – 10:00

Skate Canada Saskatchewan Tickets: For every \$50.00 worth of tickets sold \$30.00 will be taken off of registration fee or if fees are already paid a refund will be given. \$50.00 worth of ticket must be sold for discount to apply. Information and tracking sheets will be available closer to the start of the season.

CLUB FUNDRAISER:

Skate Battlefords will also hold one to two other fundraiser raisers to help offset the cost of the StarSkate program. We encourage parents and skater participation so that we can keep our fees reasonable. Information on Club fundraisers will be emailed to all registered families closer to the date. Fundraisers we are hoping to do this season

Christmas Alcohol Raffle Basket – Tickets will be available to sell in November

Jump in to Spring Co-Op Gift Cards – will be available to sell in February

StarSkate BUY-ON:

For registered skater looking to buy more ice time periodically through out the season.

Fee: \$15.00 for one hour of ice rental

Skaters must buy a buy-on ticket of uplifter, E-transfer fee to Skate Battlefords and present copy of both to the coach when they arrive for the ice time. Buy-on are non refundable and expire at the end of the skating season.

REFUNDS/CANCELLATIONS and TRAIL PERIOD:

Refunds: Prior to the Season:

Refunds will be given before the start of the first skating day. The Skate Canada/Skate Saskatchewan fee of \$58.65 is non-refundable. Withdrawals done prior to the start of the first session will not be charged a processing fee. Refund request and withdrawal notification must be sent by email prior to the season's first skating session.

TRIAL PERIOD:

Skate Battlefords has a 2-week trial period after the start of the first skating day. After the start of the season, the number of sessions skated within the deadline will be deducted, as well as a processing fee of \$20.00. Refund amounts are based on the date of receipt of written notice, submitted during a session or emailed to sk8battlefords@sasktel.net Email must include the skater and parent names, skating day, address, and the reason for withdrawal. There is no refund for sessions completed prior to receipt of a written notice, regardless of attendance.

Deadline: Refunds will not be given after September 28th

Note: Skaters who join after the withdrawal deadline can withdraw until the end of the second week. The number of sessions with in the two-week trial period will be deducted, as well as a processing fee of \$20.00. Refund amounts are based on the date of receipt of written notice, submitted during a session or emailed to sk8battlefords@sasktel.net The email must include date, skater and parent names, skating day, address, and the reason for withdrawal. There is no refund for lessons completed prior to receipt of a written notice, regardless of attendance.

After the final deadlines: refunds will only be considered for medical reasons accompanied by a doctors note or in the case of "unusual circumstances" but will be at the discretion of the Board of Directors.

There are no refunds for Skate Canada/Skate Saskatchewan Fees, Ice session buy-on and assessment tickets, events or skating schools.

Late/Declined E-Transfer Fee:

In all cases of late, decline, NSF, declined credit, stopped payment, absent e-transfer etc one additional attempt will be made by the club administration. If payment continues to be declined or hasn't been received the skater will be considered not in good standing with the club and will not be permitted to participate in any of the club activity, including regular skating sessions, until such time as full payment has been made. If payment has not been made within 30 days from date of decline, non-payment or NSF, the member shall be considered as having terminated their membership. No refunds will be provided for any partial monies paid and all privileges will be revoked.

CHANGES TO SKATING PACKAGES:**Prior to the start of the Skating Season:**

Changes to skating packages, with or without refund request, must be submitted by email to Skate Battlefords prior to the start of the skating season. Within the first 30 days.

Within 30 Days of Start of Season:

Changes to skating packages, with or without refund may be requested by email within the first 30 days of the start of start of season.

After 30 days:

A \$20.00 administration fee will be charged for all package changes. Request with or without a refund must be made by email to Skate Battlefords. Email must include skaters name, and reason for request of package change. Package changes will be approved on a case-by-case basis at the discretion of the board of directors in consultation with coaches. Refunds on Package changes will be prorated monthly.

Cancelled Classes/missed ice time:

Skate Battlefords cannot make up a class or provide a refund if there is a cancellation due to circumstances beyond the control of Skate Battlefords or circumstance related to the Town of Battleford, or City of N. Battleford.

Ice time missed can be made up within a week prior to after the missed session or sessions. This will be done directly with your coach. Extended missed sessions due to unusual circumstances such as injury, bereavement, health concerns, etc., will be at the board and the coach's discretion. In these circumstances an email must be sent with skater's name, date of absence, reason for missed ice time and dates and times your skater is available to make up the ice time. You will be sent an email with the decision. Lessons that should have been taken on the missed day/s may be made up at the discretion of the coaches.

ABOUT COACHING AND SELECTING A COACH:

Parents have the opportunity to plan, coordinate and manage their skater's time & lessons before the season starts. Connect with & hire the Coach or Coaches of your Choice. You will receive a Coaching Request form. **Note:** Skaters registered through Skate Battlefords may only take lessons from Skate Battlefords contracted coaches while on club ice time. Lesson with outside coaches may be taken on club ice time if arranged through a skaters base coach.

TWO OPTIONS FOR HIRING A COACH:

Base Coach: Provides direction on all skating disciplines and goals. The "base coach" is in charge of a skater's individual pathway to success. Base Coach will provide advise on scheduling, training, number and type of lessons, lessons with other coaches as they see fit, timing of tests, registration for competitions, and off-season opportunities.

Discipline Coach: Is hired independently to provide direction on the specific discipline. They will give advise on training, scheduling, lessons, testing. Will work with the base coach to provide training and lesson as directed by the base coach.

Disciplines: Skills, Dance, Freeskate, Elements & Program, Artistic.

Lesson Types: Private (one to one coach to skater), Semi-Private (one to two / coach to skater), Small Group (five or Less skaters / coach). Classes and off-ice include all skaters registered for a session and are mandatory. Coaches will invoice parents directly and payment is made directly to coach.

Coaches contact and information: On the website "Coaches Tab"

<https://www.skatebattlefords.ca/coaches/>

Once you connect with your coach / coaches, plan a time to discuss your skater's pathway options and opportunities.

This would include discussing:

What package your child will be skating.

Plan a pathway for to include time lines and achieving goals.

Number of lessons and schedule (coaches will provide guidance).

Decide on payment options and billing practices.

Coaches will provide their fee guidelines

Coach Credentials:

All Skate Canada professional coaches are accredited through the 3M National Coaching Certification Program. This program trains coaches on proper technique, training regimes, and ethical issues related to coaching in general.

Coaches:

<p>Cindy Tymoruski Base Coach/All Discipline Coach Ph; 306-481-5048 strides@sasktel.net Certified National Coach Star 1-5 Evaluator 46 yrs. coaching experience</p>	<p>Jessica Reese Base Coach/All Discipline Coach Ph; 306-380-0956 jessica-penner@outlook.com Provençal Coach in-training Star 1-5 Evaluator 9 years Coaching Experience</p>	<p>Greg Melchior All Discipline Coach Ph; 306-441-5583 Certified Regional Coach 41 Yrs. Coaching</p>
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DETAILED DISCUSSION TO HAVE WITH YOUR BASE COACH:**Skater's Goals:**

Parents discuss with your skater and your coach what your goals are for the season. The team of coach, parent, skater plan a pathway to success for your skater to meet all of their goals and opportunities. Remember plans, lessons and preferences will differ from skater to skater.

Skaters and Coaches Availability:

Make sure that you discuss with your coach what sessions your child is will skate and make sure your chosen coach is available. Skaters are required to skate within their agreed upon skating times. Make sure you and your skater know your skating schedule. Some of our coaches may be fully booked on some sessions. Some flexibility on both sides may be required to fit lessons in.

Budget:

Your budget will determine how many lessons per week you will purchase for your skater. Estimate how much you are willing to spend per week on lessons and discuss this with your base coach.

Billing:

All lesson fees are paid directly to the coach, not to the club. The fees you pay to the club are for ice only. Lessons are usually 15 minutes in length, although this is negotiable with the coach and more time may be added. The coach's fee may vary between coaches based on their coaching level, personal skating level, education and experience. Some coach's fees also include a travel expense if they are traveling to our club to coach from a different town or city.

Coaches will provide a fee guideline, however discuss with your coach what their invoice practices are. Do they invoice monthly, what form of payment do they accept, is the time frame for paying the invoice and is there a charge for late payment? If you have questions or concerns about your bill, they should communicate directly with the coach. The club has no say in coach's bills or billing practices.

Skaters' Lessons:

After you have discussed your budget with your coach. It is now time to talk about private, semi private, group lessons and off-ice. As well as any other lessons you may need or want from other coaches with in the club. It is helpful to have your skater track their lesson in there note book.

Private Lesson:

A private lesson is a one-to-one coach and skater lesson time. Each coach charges a certain rate for every 15 min of lesson. The number of private lessons per week will depend on the skater's level and pathway goals. Naturally, the more lessons a skater has the faster they will progress. However, remember that skaters also need to practice independently. In general, coaches plan for a skater to have one or more 15-minute private lesson per skating day. Additional lesson time can be negotiated with your coaches.

Private Lessons from other coaches with in the club may be requested by a skater in consultation with your base coach. In turn your base coach may recommend lesson from other coaches. You may be required to set theses lesson up with the other coaches yourself. Check with your base coach as to how theses lessons are going to be arranged so there are no miscommunications.

Semi Private Lesson:

A semi-private or small group lesson is held with 2 or more skaters taking a lesson with a coach. The coaching fee is determined by the coach is then split between the skaters.

Class Instruction:

Classes train all basic disciplines (previously referred to stroking). On-ice Class is scheduled every session & includes all skaters registered for that session. Skate Battleford Coaches work as a team, classes help cut down the cost of lessons and provide the opportunity for skaters to be exposed to multiple different coaching styles and techniques. Be sure you are aware of how many classes are being held during your skater's ice time. Skaters are expected to participate & group coaching fees per coach will apply regardless of attendance.

Off Ice:

Skaters are required and will be scheduled to take one 30 min off-ice session a week in order to have a well-rounded skating and training experience. All skaters booked for an off-ice session will be included in the group billing from the coach regardless of attendance. Off-ice is billed by the coaches as a class. All coaches with Skate Battlefords will take turns teaching off-ice so fee may vary from coach to coach.

Note: Private, semi-private, class lessons, and off-ice lesson that have been arranged with a coach will be billed regardless of attendance. Missed lessons are not guaranteed to be made up. Lessons will be scheduled within the hours the skater is booked in for each skating day. Lessons do not always happen at the same time every session or at the same time every week. Not all coaches send out a weekly schedule and as an independent contractor with Skate Battlefords they are not required to do so. Skaters are required to be on the ice the whole time they are booked in for, unless they are using the bathroom or taking a break. A skater must inform coaches when they are leaving the ice surface for any reason. Coaches will not look for a skater that is not on the ice when they should be during their agreed upon skating hours.

Other Coaching Expenses:

Other coaching expenses that may come up throughout the skating season. All coaches will charge a coaching fee related to but not limited to travel, hotel and food cost for going away to competitions, test days, seminars, clinics, training days. Be sure to discuss these fees with your base coach.

Communication:

Communication as a team is key. Make sure that the arrangement you have set up continues to work for your skater, your coach and you. If you have any questions about your skater's progress or your lessons please speak with your coach. This is a business arrangement and must be treated as such. If things aren't working as well as you or your coach believes they should; you need to talk. Often simple things can be ironed out and are the result of a misunderstanding. Text, call or email your coach to set up a meeting. Coaches prefer email notifications for long term plans; such as days that are going to be missed and text for short term plans.

Please refer to the website often for updates to the calendar and useful information
www.skatebattlefords.ca

If you are having issues that can not be resolved after you have discussed them up with the coach. Please refer to Skate Battlefords General Dispute Policy available on the Website.

The board of directors is contracted with skilled professional coaches, certified by Skate Canada, who oversee all programs at ice level.

SKATERS GROUP TERMS:

Skaters will be considered a Junior, Intermediate or Senior Skater through the club. These terms only relate to our club and our regular season. Age and amount of time a skater has been with the club is not taken into account. Skaters may be working on a variety of star level disciplines.

Placement:

- A skater will be considered a Junior if they are working on Star 2 and/or star 3 disciplines.
- A Skater will be considered an Intermediate if they are working on Star 4 and/or Star 5 disciplines.
- A Senior if they are working on Star 6 and/or above

All skaters' placements and assessed levels are at the discretion of the coaching team and may change based on the coaching team observation and recommendations.

SKATE BATTLEFORDS STARSKATE PROGRAM:

All skaters in this program must have passed Star Skate 1 or equivalent. Skaters may be any age. Adaptive skaters who have the required skating ability welcome. Taught by NCCP Skate Canada Coaches registered and in Good Standing.

STAR 2-5: Program offers the best-in-class figure skating curriculum in Canada, targeting athletes looking for a future in the sport. Taught by Skate Canada NCCP coaches, the program introduces participants to the basic figure skating elements to create the foundation for singles, pairs, ice dance and synchronized skating. All skaters in this program must have passed CanSkate Stage 6 or equivalent. Skaters may be any age. Adaptive skaters who have the required skating ability welcome.

STAR 6- GOLD: Is an assessment and event structure for skaters who completed the STAR 1-5 Program. This structure builds on the skills acquired in STAR 1-5 and introduces skaters to more advanced figure skating elements

DISCIPLINE CONTENT:

Skills: The development of turns in figure form, and skill exercises to develop power and control. Field moves are also included in this discipline.

Freestyle Elements: Development of jumps and spins in isolation.

Freestyle Programs: Development of program components and element success in a performance situation.

Dance: Developing skating technique while promoting timing, accuracy, musicality through pattern dances.

Artistic: Development of movement, creativity, projection, and interpretation through programs.

Synchro: (STAR 2, 3 and 4) Development of synchronized skating elements through a variety of skating skills and teamwork. Included in this program is Cheer Team, Ice Show program development, simulation reviews.

Competitions: Opportunities for skaters to experience Regional and Provincial Competitions.

Star Assessments: STARSkate skaters have the opportunity to take a series of Assessments to move up StarSkate Levels.

STAR 1-5

- Assessments are coach assessed and include Skills, Free skate, Artistic and Dance.
- Assessments at this level are done at our club and test is conducted during skater's regular ice time
- Coaches will notify the skater and parent of the upcoming session on which your skater will be assessed
- A test ticket and payment are required in advance of the assessment
- Coaches will advise on attire for assessments

STAR 6-Gold

- Assessments for Freeskate, Dance and Artistic are Evaluator assessed.
- Travel to another community may be required.
- High assessment day fees are paid directly to the host club of the assessment day.
- Assessment fees normally include, Skate Canada test fee, ice fee and an evaluator expense fee
- A coach is required to accompany skaters to high test days or secure a substitute coach.
- Coach attending will invoice for expenses, and coaching fee.
- STAR 6-Gold assessments for Skills may be coach assessed or Evaluator assessed.

For Star 6 and above, please arrive at the arena 45-60 minutes ahead of the skater's scheduled assessment time. Assessment days can run ahead of schedule.

All Documents: All required documentation for StarSkate is accessible from your coach by request.

Parent Representative:

Each skating group will have a Parent Representative. Parent Representative are in place to help with communications and events. Your Parent Representative will send out an email in the first week of skating to touch base. If you registered late or if you have not received an email from your group rep, please contact them to make sure that they have your proper email address.

Communications:

We try hard to keep all our members informed of what's happening with Skate Battlefords, through several methods. You can also send questions through our club email sk8battlefords@sasktel.net

Website: www.skatebattlefords.ca or **Facebook:** You can find us under Skate Battlefords

Email: Emails will be sent with information on your groups through your group representative.

Junior: bfordjunior@hotmail.com

Intermediate: bfordintermediate@hotmail.com

Senior: bfordsenior@hotmail.com

COMPLAINT RESEOLUTIONS; Skate Battlefords strives to make sure all issues are heard and resolved to the best of our ability in a timely manner. Skate Battlefords board of directors has put in place a policy of steps that need to be addressed in regards to complaints. Please see our general dispute and complaint policy on the website.

Competitions:

Competitions are optional however all skaters are encouraged to participate. Competitions offer skaters an opportunity to perform by themselves in front of an audience and to be assessed by officials. The skaters will learn how to be comfortable in a potentially uncomfortable situation. Manage their emotions, practice good sportsmanship and given the opportunity of skating a personal best.

- Your coach will inform you of which competitions your skaters qualify for and which categories to enter.
- Competitions all have entry fees for each event a skater is participating in. These fees will vary from one competition to another and must be paid when registering your skater for the competition.
- All competitions have a registration deadline that is up to the skater's parent or guardian to complete registration by.
- Coaches accompanying skaters for competition will invoice for expenses and a coaching fee.

2023 – 2024 Competition Season:

December 8th – 10th / 2023, **StarSkate Invitational**, Melville, Sk. Available to skater Star 2 to Gold.

December 8th – 10th / Skate **Sask. Sectionals**, Melville, Sk. Available to skaters Pre-Juvenile to Novice.

January 27th and 28th / 2024, **Region 10 & 13 Competition**, North Battleford, Sk. Available to skaters Star 1 – 5.

February 17th – 10th / 2024, **Region 11 & 12 Invitational**, Melfort, Sk. Available to skaters Star 2 and up.

March 1st – 3rd / 2024, **Winter Classic**, Kindersley, Sk. Available to skaters Star 2 and up.

Skate Saskatchewan Competition Page: <https://skatecanadasaskatchewan.com/event-calendar/list/all/competitions>

Helpful Competition and High-Test Information:

- Your skater will need to pack; Skating dress or proper competition or testing attire, clean tights, clean skates, and extra laces, 2 copies of music (if needed), club jacket or warm up jacket, mini mitts, hair supplies, makeup
Some extra things to consider packing, lint roller, magic eraser (for cleaning skates), white out (for skate mark touch ups), extra pair of tights, healthy snack, water bottle.
- Plan to arrive a minimum of one hour before your skaters scheduled skating time. Competitions and test days will not wait for skaters and no makeup time is available. Please be sure you skater arrives at the rink dressed with makeup and hair done. If you plan on getting ready at the rink allow enough extra time to do so.

- When you arrive at the venue make sure to check in and drop off both copies of your music (if needed).
- Connect with your coach, locate your dressing room, check in with the ice captain.
- Warm up and mentally prepare for your skate.
- Please note that at most competitions and test days parents are not allowed in the dressing room and if your skater needs assistance with something you will need to help them in the lobby or in the stands.
- Put your skates on at least 15 min prior to your warm up skate.
- The ice captain of the event will call groups from dressing rooms.
- Skater will proceed to the ice and their coach will guide them through their warm up and help to calm nerves.
- Each skater will participate in their order.
- After their skate and once the whole group is done
- Competition results will be posted somewhere on the walls of the arena.
- High assessment day your assessment sheet will be given to the skater or coach.
- For Competitions a ribbon or medal presentation will take place, hosting arena will have a scheduled time for groups to receive awards.
- Please remind skaters to be gracious in managing emotions with placement or result that they wanted or not.
- No matter what the placements turn out to be if skaters worked hard, tried their personal best, had fun that is all that's important.
- Please remember to pick your music up at the end of the day.

Skate Battlefords Board of Directors:

A Board of Directors helps with the operation of Skate Battlefords. All board members serve on a voluntary basis and are elected at the annual general meeting.

Board Of Directors 2023-2024

Executive:	Directors:	Representatives:
Past President - NA President – Alana Bryant Vice President – Hannah McTaggart Secretary - Treasure –	Professional Coaching Representative – Cindy Tymoruski / Jessica Reese Registration/Uplifter Director – Tanja Kolbas Fundraising/Sponsor Director - StarSkate/Assessment Director - CanSkate Director – Amanada Kerton Events Director – Britt Rumpf	Primary Representative – Britt Rumph Junior Representative - Intermediate Representative – Nicole Sadlowski Senior Representative – Grant Representative (works with the treasurer) Publicity Representative (works with the secretary) Competitive Representative

Are you interested in Joining our Board of Directors? These are the current open Board position:

Treasure

Secretary

StarSkate/Assessment Director

Fundraising/Sponsor Director

Junior StarSkate Representative

Grant Representative

Publicity Representative

If you are interested in one of these positions you can contact Hannah McTaggart @ hannah.mctaggart@lskysd.ca

Volunteers:

Skate Battlefords is always looking For Volunteers!!!!!!!

Skate Battlefords is run entirely by volunteer and community members dedicated to the sport of skating.

Parent volunteers are vital to the success of the club and the events hosted throughout the year.

Are you looking for a way to pitch in without making a huge commitment? Consider volunteering for one of these events....

- Fall Gathering, October 28th
- Holiday Celebration, December 18th and the 21st
- Region 10 & 13 invitational competition Hosted by Skate Battleford, January 27th and 28th
- Ice Show, March 21st
- Parades, Battleford and North West Territorial, August

Information will be available closer to event dates or you can contact our Events Director Britt Rumpf @ britt.rumpf@lskysd.ca to enquire how you can be of assistance.

All Season Events: Skate Battlefords holds a number of events for your skater to participate and watch during the season.

Welcome Back Potluck BBQ September 10th - TBA

Fall Gathering (October 28th) Regional Club & StarSkater EVENT. Hosted by Skate Battlefords

- All skaters, parents, club boards within region 13 will have the opportunity to learn and be inspired. StarSkaters will participate in on-ice and off-ice specialized training with certified coaches and instructors that will prepare them for a season of success.
- Parents, club board person will gather to lean all updated skating information for the season a head. Share club information and create partnerships for success.
- Dress Exchange.
- A registration fee is required to participate

**Halloween Bring a Friend Skate (October 26th 5:45 – 7:00 and October 30th 4:45 – 7:00)
CANSKATE, PRIMARY, STAR 1 EVENT**

- Halloween bring a friend skate is a CanSkate, Primary, and Star 1 event, that helps introduce friends to our programs
- We have crafts and refreshment in the lobby for participants and their families
- All participants are required to wear a helmet regardless of age or ability in compliance with Skate Canada Policy. Unless they are above stage 5 and register with Skate Canada.

Christmas Team Building Extravaganza (November 26th) Battlefords Gymnastics Club 1:00 – 4:00 STARSKATE EVENT

- Join us for snacks
- Team building games and activities
- Secret Santa
- More information will be available in November

Holiday Celebration (December 18th and the 21st) 5:45 – 6:45 CLUB EVENT

- Invite your family and friends to enjoy watching your kids and others from various stage within our skating club show off what they have learn so far in the season. Refreshments and snacks available for purchase. This is a free admission viewing open to the community.

Region 10 and 13 Invitational Competition (January 27th and 28th) STARSKATER EVENT

- Skaters Star 1 and above will be joined by our region and a neighboring region to compete in a variety of events. More information will be released as we move closer to the event

**Valentines Family Fun Skate (February 8th from 5:45 to 7:00 and February 12th 4:45 – 7:00)
CANSKATE. PRIMARY, STAR 1 EVENT**

- Skaters are encouraged to invite family to join them on the ice for a family skate with extra fun in the lobby.
- All participants are required to wear a helmet regardless of age or ability in compliance with Skate Canada Policy. Unless they are above stage 5 and register with Skate Canada.

Valentines Family Fun Skate February 8th 7pm – 8pm STARSKATE EVENT

- StarSkaters are encouraged to invite their family to join them on the ice for a class and some fun filled games.
- All participants are required to wear a helmet regardless of age or ability in compliance with Skate Canada Policy, unless they are a registered member with Skate Canada.
- Private lessons will still occur and participants are required to follow on ice policy

Star Showcase February 16th 6:00pm to 7:30 STARSKATE EVENT

- StarSkaters are encourage to invite family and friends to watch as they and their fellow skaters preform their Free Skate Programs, Dance or Artistic Programs
- Picture Day for Primary, Star 1 and StarSkaters

Awards Luncheon March 9th 12pm -2:00pm STARSKATE EVENT

- More information to be released at a later date

Ice Show March 23rd 2 – 4 @ the Access Communications Centre CLUB EVENT

- Formerly know as the Showcase. Every year the Skate Battlefords Club likes to showcase the talents and progress of our skaters with a year-end Ice Show.

- The Ice Show is a time for all families and the community to get together and celebrate the season's success of their skaters skating progress. All levels of skaters are encouraged to participate in the Ice Show.
- This is the skating clubs biggest fundraising event of the year. 50/50, flower sales, and raffle are available.

Parades

- Skate Battlefords participates in both the Battleford and North Battleford parades annually every summer. We welcome all past and present skaters and families to ride or walk in the parade with us. An email will be sent out to all the previous seasons registered skaters in July with more information.

Skate Swap:

- We will be holding a skate swap prior to the start of the skating season. More information will be sent out closer to the date.

Dress sale:

- A used dress sale will happen at the Fall Gathering on October 28th. More information will be email at the start of October.

Other Helpful Information for The Skating Season:

Skaters Dressing Rooms

- Skaters are to put on skates in their assigned groups dressing rooms. Please check the white boards as you come into the arena's for assigned dressing room.
- Dressing room are gender neutral, skaters that need to change must do so in the washroom located in the lobby.
- Cell phone or devices that are capable of capturing an image or voice recording are not to be used in dressing room for any reason. All phone calls and text message must be taken outside of the dressing room.
- If a request is made for separate dressing room space, Skate Battlefords will try to accommodated as much as possible.
- All program assistants should congregate in one dressing room 15 min prior to their assigned CanSkate Session for instructions on tasks. Once the CanSkate session is over skaters will return to their original assigned dressing room.
- Except for skaters at the primary, or StarSkate 1 level, we discourage parents from entering dressing rooms unless it is truly necessary. Skaters should strive to be able to tie their own skates and get ready without assistance.
- The door to the dressing rooms should be closed at all times when skaters are on the ice.
- Graffiti or vandalism of any sort to dressing rooms will be tolerated, please use garbage cans.
- Swearing or rude language of any kind is not acceptable in the dressing room or anywhere in the arena.
- Fighting, badmouthing, abuse, harassment and/or bullying will not be tolerated.
- No horse play or screaming is permitted in the dressing rooms.
- Use of alcohol, drugs or tobacco is prohibited in the dressing rooms.
- The dressing room must be left in a clean and tidy state. It is the responsibility of the Skaters to ensure this is done during and at the end of each skaters skating session

- Topics of conversation must be appropriate at all times for even the youngest skater in the dressing room
- For full policy see website

Club Clothing:

Skate Battlefords will arrange a Club group clothing order late September early October.

Clothing Items available to order:

- Skate Battlefords Hoodie
- Skate Battlefords T-shirt
- Skate Battleford Competition/warm up Jacket
- Skate Battlefords Jacket

Our club's logo is available at NuTec. At any time if you wish to order a piece of clothing or apparel and have our logo put on it feel free to do so.

SKATER ATTIRE:

Skates

- If you have questions about which skates should be purchased for your skater please talk to your coach. They can give you the best advice on which level of skates your child should be in and where the best place to purchase them is.
- Please remember that not all figure skaters are created equal!! Your child needs a proper pair of figure skates with good support to succeed.
- Do not wear thick socks, as a proper fit will not be achieved. A regular cotton sock or skating tight is the ideal footwear for skates.
- Make sure to dry the heel and blade area of the skate after skating.
- Always wear hard skate guards when you're not on the ice,
- Never leave skate guards on your blades when not in use. Blade socks will protect blades in the skate bag.
- Make sure to have skates sharpened on a regular basis, generally not right before a competition
- Sharpening of blades will require skates to be taken to Saskatoon for proper figure skate sharpening
- Date for sending skates to get sharpened will be posted and parents notified
- Cost of Sharpening is \$15 (**will confirm with Russ**)
- Blade socks are required for protection while skates are being stored.
- Skate guards are a must-have to protect blades while walking off the ice.

Clothing For Practice:

- Clothing should be warm and stretchy. Yoga pants, tighter fitting allow for proper movement.
- Please do not wear loose or baggy clothing or clothing with a hood, it can cause balance issues.
- Layering of cloths and warm mitts, mini mitts or good gloves are a must
- Layering of cloths or having extra layers in case a rink is colder than expected.
- Jeans are not permitted. Jewellery that hinders while skating is not permitted.

Hair:

- Hair should be tied back or always put up. It is very important that hair away from the face.

ICE ETIQUETTE: Please go over the ice rules with your skater so they are aware.

- Get up immediately after you fall, it is very dangerous to remain on the ice surface.
- Skaters are not permitted to skate through another groups lesson or coach/skater lesson.
- Skaters should not interrupt a coach in a lesson, they should wait off to the side until the coach is able to talk
- Skaters need to inform a coach every time they are leaving the ice surface
- Coach and skaters in a lesson always have the right away
- Kicking the ice or disrespect of the surface will not be tolerated
- No food or drink (except water bottles) permitted on/near the ice surface by skaters
- Skater must be actively practicing at all times. Standing at the boards or on the ice surface visiting is not acceptable.
- Skaters must be aware of other skaters around them at all times. Look both ways when leaving the board.
- Profanity, abusive behavior or harassment will not be tolerated at or on the ice surface or in the building
- In dressing rooms, on the ice use appropriate language and conversations, be aware of your audience and who is listening.
- ONLY SKATERS AND COACHES OR AUTHORIZED PERSONS MAY ENTER THE ICE AREA/PLAYER BOX/MUSIC BOX
- No cell phones, earbuds or headphones are permitted to be used on or at ice level
- Skaters are not permitted on the ice until the Zamboni has left the ice surface
- Skaters must clear the ice promptly at the end of their skating session

Right Of Way on The Ice:

1st - ALL coaches

2nd - Any skater receiving lessons

3rd - Skaters whose music (dance/program) is playing on that session

All skaters and coaches must be mindful of the flow of the ice so all can skate continuously.

Music:

1. Music requests made by coaches during a lesson will take priority.
2. Only adult volunteers or coaches are allowed to manage music and the club computer.
3. Please no loitering at the music station.
4. Music played from other devices is not allowed without coach approval.
5. Each skater will have their program/music played once per session in rotation and more, as time allows.
6. Including dances. Please be courteous of others who need the music, start overs are discouraged.
7. The person playing music will not stop another skater's music mid-program unless requested by a coach.
8. Abuse of the music equipment and computer will not be tolerated
See StarSkate Ice Level Policy on Website

Ice Show Policy for StarSkate 2 and Up: (formally known as Showcase)

Date of Ice Show: Saturday March 23rd 2024

PLEASE NOTE:

- Ice show policy for StarSkate solo's and StarSkate group numbers will change from season to season.
- Based on number of registrations this policy including number of StarSkate solos available and the number of StarSkate group performances may be amended at the Board of Directors and Coaches discretion.

StarSkate Solo/Feature Skater Selection:

Objective:

- To provide the Coaches and Board of Directors with some criteria for the selection of skaters for StarSkate Ice Show solos.

Number of Solo's Available:

- There are 4 StarSkate solos available for the ice show.
- From time-to-time other StarSkate solos are added based on number of total groups and other performances the club is presenting as a whole.

Criteria for Selection:

The Star skaters with the top points will be given solos. The selection criteria, is based on points accumulated through STARSkater tests passed. One point is given to a skater on the successful completion of a star test. Points accumulate from season to season. Test points can be found on the Skate Battlefords website under the skaters' tab password Sk8Bf-2324 Skaters points are updated on the website September 30th, November 30th, January 30th, and April 30th. In the event of a tie for the 4th spot, the skater in the higher Star category overall will be given the solo.

Date of Selection:

Due to the Christmas event and solos to be held at this event the deadline for accumulating points to be granted a solo at the Ice Show is November 30th.

Featured Performance:

From time to time the Coaches or the Board of Directors will at their discretion add a featured skater to the Ice Show. This will not affect 4 StarSkate solos available.

Group Number Selection:

Objective: To provide coaches and board of directors with some criteria for the placement of Star skater in their group numbers for the Ice Show

Criteria For Group Placement:

The selection criteria, is based on points accumulated through STARSkater tests. One point is given to a skater on the successful completion of star tests points accumulate from season to season. Points can be found on the Skate Battlefords website under the skater tab password Sk8Bf-2324 skaters tab password Sk8Bf-2324 Skaters points are update on the website September 30th, November 30th, January 30th, and April 30th.

Every Skater will participate in minimum of one group number.

Groups and points needed for placement in group:

- Group A: 46 - 65 points
- Group B: 30 - 45 points
- Group C: 15 – 29 points
- Group D: 0 – 14 points

A group will consist of no fewer than three Skaters, groups with fewer than three skaters will be moved down to the next available group.

Skaters that need to be moved down a group due to skating safety issues (regardless of how many points have been accumulated) will be done so at the Coach's recommendation to the Board of Directors. The Board will make the final decision based on coaches' recommendation and observation.

Please Note: Renaming of groups A through D for the Ice Show program shall be at the coaches and/or boards discretion.

Placement of a skater in any group is not a reflection of their status as a junior, intermediate or senior skater in the regular season.

Groups such as duo's and other large and small groups may be added to the Ice Show, the groups and the skaters selected for theses groups are at the coach and/or boards discretion.

This Policy Only Applies to Starskate 2 and Up:

All other group numbers and decisions about performances are made at the discretion of the coaches and the board of directors. The Ice Show is intended for performances in some manner by all registered skaters with Skate Battlefords regardless of their age or capabilities.

SKATER CODE OF CONDUCT;

- Sportsmanlike conduct, safety, courtesy, respect, proper language, and discipline are always expected towards all coaches, fellow skaters, all parents, judges, rink staff, guest and committee members.
- Skaters representing Skate Battlefords at any function are expected to conduct themselves in a responsible and respectable manner.
- Skater should arrive at the rink in a timely manner to do an off-ice warm up and be ready to skate at their start time.
- Skater should step on the ice ready and willing to focus on skating.
- Skater's full attention and best effort are expected during a sessions and lesson.
- Skater's must treat equipment and property of other skaters and coaches with respect.

PARENT/GUARDIAN CODE OF CONDUCT:

This code applies to all parents/guardians and others; supervising skaters who are registered with Skate Battleford and therefor Skate Canada.

- Parents/guardians shall always abide by this code while participating in any Skate Battleford or Skate Canada event, competition, school, or activity.
- All parents/guardians are expected to conduct themselves in a responsible manner consistent with the values of fair play, integrity, open communication, and mutual respect.
- Parents shall model positive responsible behaviour and communicate with their skater that they expect to do the same. Parents assume the major responsibility for their skaters on and off ice attitude.
- Parents and skaters shall treat all individuals and property with courtesy and respect.
- Place the wellbeing and safety of their child above the training.
- Support your child's desire to participate in their chosen sport so they skate for their enjoyment, not yours.
- Parents should set reasonable expectations for their child's participation in skating focusing on development and enjoyment for the sport.
- Parents should instil confidence in their skater's ability and skill development, avoid comparison with other skaters
- Parents along with the coach and the athlete, shall be considered members of a team whose main concern is the child's love of the sport, and overall progress and development. Parents shall respect that the coaches are responsible and empowered for on-ice and off-ice development of an athlete,
- Be courteous of your skater, other parents, skaters, coaches, officials, rink employees and visitors always.
- Insist that your child and other family members abide by the code of conduct, club rules and rink rules.
- Do not approach or distract coaches or skaters during scheduled on-ice or off-ice training sessions. Coaches are not expected to leave the ice for any reason during a session unless it is an emergency.

- Exercise control and restraint when dealing with difficult issues. The use of abusive, threatening, or violent behaviour and or foul sexist, racist or abusive language in or around the skating rink is strictly prohibited.
- Parents shall emphasize the importance of values of sportsmanship, respect, cooperation, and teamwork to their children.
- Parents should model and encourage their children to maintain a healthy balance between skating and life.
- Parents shall insure that their skater wear proper skating attire on and off the ice
- Parents are expected to have their skaters at the rink in enough time for the skater to be prepared for their off-ice and/or on-ice designated training time.
- Parents are expected to pickup their skater immediately after their child's skating time. Coaches are only responsible for your skater while they are in scheduled on-ice and off-ice training times.
- It is the parent's responsibility to be sure your skater is being supervised during all other times.
- Parents are responsible for checking emails, website, Facebook for club communications.
- Never appear at the rink or an activity hosted by Skate Battlefords under the influence of drugs or alcohol.
- Parents must be sure to contact a coach with as much notice as possible if a skater is going to miss a lesson time. If enough advance notice is not given, the lesson will be charged for.
- Please be sure to pay coaches bills in a timely manner, this is a job and part of their income.
- Parents are not allowed in the player box or standing at the boards by the ice surface.
- If you wish to video your skaters it must be done from the stands or at the request of a coach
- Please do not call or yell at your child from the stands while they are on the ice, as this cause distractions and can cause an accident

Complaints: please refer to website for policy and rule of order

THANK YOU! IT IS OUR PLEASURE TO PROVIDE SKATING SUCCESS TO YOUR FAMILY

